

Stuck in Polka

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Count: 32

Wall: 4

Level: Newcomer / Novice

Choreographer: Kevin Stouthandel (NI)

Music: "Stuck" by Caro Emerald

Info: Start dance after 32 counts when you hear the beat

Coaster cross Shuffle with 1/4 Turn R, Cross Shuffle R, 1/4 Turn L with Rock step L, Shuffle 1/2 Turn L

1RF Step backwards

&LF Step next to RF

2RF Turn $\frac{1}{4}$ to the right, cross over LF

&LF Step slightly to the left

3RF Cross over LF

&LF Step slightly to the left

4RF Cross over LF

5LF Turn $\frac{1}{4}$ to the left, step forward

6RF Recover weight

7LF Turn $\frac{1}{4}$ to the left, step to the left side

&RF Step next to LF

8LF Turn $\frac{1}{4}$ to the left, step forward

Touch R, Hitch R with 1/2 Turn L, Step back R, Coaster step L, Chasse R & 1/4 Turn R with Heel grind R

1RF Touch toe next to LF

&RF Turn $\frac{1}{2}$ to the left, hitch knee

2RF Step backwards

3LF Step backwards

&RF Step next to LF

4LF Step forward

5RF Step to the right side

&LF Step next to RF

6RF Step to the right side

&LF Step next to RF

7RF Heel grind, turn $\frac{1}{4}$ to the right,

8LF Step backward

Shuffle $\frac{1}{2}$ Turn R, $\frac{1}{4}$ Turn R, Big Step Side L, Drag R, Sailor step R, Behind L, Side R, Cross L

1RF Turn $\frac{1}{4}$ to the right, step to the right side

&LF Step next to RF

2RF Turn $\frac{1}{4}$ to the right, step forward

3LF Turn $\frac{1}{4}$ to the right, step to the left side

4RF Drag next to LF

5RF Cross behind LF

&LF Step slightly to the left side

6RF Step slightly to the right side

7LF Cross behind RF

&RF Step to the right side

8LF Cross over RF

Side Rock R with $\frac{1}{4}$ Turn R, Shuffle $\frac{1}{2}$ Turn R, Rock step L & Rock step R

1RF Step to the right side

2LF Recover weight, turn $\frac{1}{4}$ to the right side

3RF Turn $\frac{1}{4}$ to the right, step to the right side

&LF Step next to RF

4RF Turn $\frac{1}{4}$ to the right, step forward

5LF Step forward

6RF Recover weight

&LF Step next to RF

7RF Step forward

8LF Recover weight

Start Again

Restart in wall 5 & 10 after 16 counts