

Remedy

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Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: Shirley Selvasingam (July 2014)

Music: Remedy by Jaclyn Victor

Start after 32 counts (on the word 'amiss')

- 1-2-3-4** Step R to right, step L behind R, step R with a ½ turn right, step L
- 5-6-7-8** Step R to right, step L over R, step R with a ½ turn left, step L (12)
- 1-2-3-4** Rocking chair diagonal left R-L-R-L (10.30)
- 5-6-7-8** Step R next to L, hold, swivel to face right diagonal (1.30)
- 1-2-3-4** Rocking chair diagonal right L-R-L-R (1.30)
- 5-6-7-8** Walk diagonally forward L-R-L. Turn ½ right with right leg flick forward (7.30)
- 1-2-3-4** Walk forward R-L-R-L (7.30)
- 5-6-7&8** Cross R over L, step L, 1/8 turn right, shuffle forward R-L-R (9)
- 1-2-3&4** Step L forward, rock back R, turn ½ left shuffle forward L-R-L (3)
- 5-6-7-8** Cross R over L, recover L, cross R over L, ronde L over R
- 1-2-3-4** Step L over R, flick R behind L, step R to right, cross L behind R
- 5-6-7-8** Recover R, step L next to R, step R behind L, recover L

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