

You Make Me Feel

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Count: 64 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Rhoda Lai (Canada) - March 2018

Music: "Make Me Feel" by Janelle Monáe (3:15)

(Special Thanks to Louis St. George for the clean version)

Intro: 16 counts - Sequence: AAB, AAB, AAB, Tag, AA

Notes: B happens only facing 12:00

A(32)

SA1: L Heel Twists L R L R L, R Ball-cross, R Monterey ½ R

- 1234** Twist L heel to L putting weight on L, twist L heel to R recovering weight on R, repeat 1, 2
- 56&** Twist L heel to L, step on the ball of R beside L, cross L over R
- 78** Point R to R side, drag and step R beside L while turning ½ R (6:00)

SA2: L Kick-and-touch, R Side, L Behind, (¼ L Heel Bounce) x3, R Kick, R Together

- 1&2** Kick L to L diagonal, step L in place, touch R behind L
- 34** Step R to R side, tuck L behind R

567(Bounce both heels with ¼ L) X 3 (9:00)

- 8&** Kick R forward, step R beside L

SA3: Hip Rolls Forward L R, L Rocking Chair, L Forward, ½ L Hitch R

- 12** Touch L toes forward rolling L hips counter-clockwise, step L in place
- 34** Touch R toes forward rolling R hips clockwise, step R in place
- 5&6&** Rock forward L, recover onto R, rock back L, recover onto R
- 78** Step forward L, ½ L hitch R (3:00)

SA4: R Big Step Back-drag L, L Ball, R Cross Shuffle, ¼ L, ¼ L, ¼ L, R Side

- 12** Take a big step back on R, drag L heel towards R
- &3&4** Step on the ball of L beside R, cross R over L, step L to L side, cross R over L

56¼ L stepping forward L, ¼ L stepping back R (9:00)

78¼ L stepping forward L, step R to R side (6:00)

B(32)

SB1: L Side-behind-side, R Cross, ¾ R, L Forward-pivot ¼ R

12&3 Step L to L side, step R behind L, step L to L side, cross R over L

4a5Start turning ¼ R stepping back L while lifting R, continue lifting R for another ½ R

678 Finish the turn by stepping forward R, step forward L, pivot ¼ R (1200)

SB2: L Cross-side-behind, ¼ R, Hold, L Forward-sweep, R Jazz Box ¼ R

12&3 Cross L over R, step R to R side, step L behind R, ¼ R stepping forward R,

4a5hold, step forward L, sweep R from back to front (3:00)

678 Cross R over L, ¼ R stepping back L, step R to R side (6:00)

SB3: L Cross-recover-and-R Cross, Hold, ¾ R, L Forward-pivot ¼ R

12&3 Cross L, recover onto R, step L beside R, cross R over L

4a5Start turning ¼ R, stepping back L while lifting R, continue lifting R for another ½ R

678 Finish the turn by stepping forward R, step forward L, pivot ¼ R (6:00)

SB4: L Cross-side-close, R Cross unwind ½ L, R Shoulder shrugs

123 Cross L over R, step R to R side, step L beside R

456 Cross R over L, unwind ½ L (weight on R), hold (1200)

7 8R shoulder shrug X 2

Note: Try to hit the accents of the music and not to strictly follow the counting in S1-3 of B. It is easier that way!

At the end of the 3rd B (facing 12:00), add this Tag: 1234: hold for 4 counts

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