

# Sacred Places

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**Count:** 64      **Wall:** 2      **Level:** High Intermediate

**Choreographer:** Shaz Walton – August 2010

**Music:** 'Shorty's Got it bad' by Darren B

**Dance starts with right foot forward bearing weight.**

**½ sweep. Back. Back. Forward. Step. ¼ . Behind. Side. Side. Behind. ¼**

**1-2**      On right foot make ½ turn left sweeping left foot from front to back. Step back left.

**3&4**      Step right beside left. Step forward left. Make ¼ left stepping right to right side.

**5&6**      Cross step left behind right. Step right to right side. Step left to left side.

**7-8**      Cross step right behind left. Make ¼ left stepping left to left.

**¼ Kick. Back. Together. Forward. Forward. Rocking chair. Forward. Twist. Twist. Dip. Hitch.**

**1-2**      Make ¼ left on right kicking left forward. Step back left.

**3&4**      Step back right. Step forward left. Step forward right.

**5&6**      Rock forward left. Recover right. Rock back left.

**&7**      Recover right. Step forward left

**&8**      Twist heels left angling body to front. Twist heels to centre straightening up.

**&1**      Dip both knees (weight left). Hitch right knee.

**Forward rock. Side rock. Cross. ¼. Rock. Recover. Heel. Ball. Forward.**

**2&3**      Rock right forward. Recover on left. Rock right to right side.

**&4**      Recover on left. Cross step right over left.

**5**      Make ¼ right stepping back left.

**6&7**      Rock back on right. Recover left. Touch right heel forward,

**&8 step right beside left. Step left a large step forward. (Push upper body forward & lean back here)**

**Bump. Bump. Heel. Step. Bump. Bump. Heel. Step. Side. Rock. Recover. Triple ¾**

**1&2**      Step right small step to right bump hips to right. Bump hips to left. Touch right heel forward.

- &3&** Step right beside left. Step left small step to left bump hips to left. Bump hips to right.
- 4&** Touch left heel forward. Step left beside right.
- 5-6&** Take a large step to right stepping right to right side. Rock back left. Recover right.
- 7-8&** Make  $\frac{1}{4}$  right stepping back left. Make  $\frac{1}{2}$  right stepping right forward. Step left to left.

**Touch. Side. Sailor  $\frac{1}{4}$  . Touch. Step. Rock. Recover. Back. Back.  $\frac{1}{4}$ . Cross.**

- 1-2** Touch right beside left. Step right to right side.
- 3&4** Sailor  $\frac{1}{4}$  turn left ending with left forward.
- &5** Touch right beside left. Step right forward.
- 6&7** Rock forward left. Recover on right. Step back left.
- 8&1** Step back right. Make  $\frac{1}{4}$  left stepping left to left side. Cross step right over left.

**$\frac{1}{4}$  point. Hold. Ball step. Forward.  $\frac{1}{2}$  right. Touch.  $\frac{1}{2}$  right.**

- 2-3** Make  $\frac{1}{4}$  left touching left toe forward. Hold.
- &4** Step left beside right. Step right forward.
- 5-6** Step left forward. Make  $\frac{1}{2}$  turn right. (weight left)
- 7-8** Touch right backwards. Make  $\frac{1}{2}$  right. (weight right)

**Run. Run. Back drag. Ball step.  $\frac{1}{4}$  bump. Bump. Sit.  $\frac{1}{4}$  sailor.**

- &1-2-3** Run back left. Run back right. Step back left. Drag right heel to right
- &4** Step right beside left. step left forward
- 5&6** Make  $\frac{1}{4}$  left as you bump right left, then sit over right hip.
- 7&8** Sailor  $\frac{1}{4}$  left.

**Ball step. Touch. Ball. Side. Sailor step. Step.  $\frac{1}{2}$  left.  $\frac{1}{2}$  right. (twist)**

- &1** Step right beside left. Step forward left.
- 2&3** Touch right toes forward. Step right beside left. Touch left to left side.
- 4&5** Left sailor step.
- 6-7-8** Step right forward. Make  $\frac{1}{2}$  left (weight left) Make  $\frac{1}{2}$  right (weight right)