

# RUB IT IN

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**Count:** 32      **Wall:** 4      **Level:** ultra beginner

**Choreographer:** Anita McNab

**Music:** Rub It In by Matt King

## **TOUCH RIGHT SIDE, TOUCH HOME, (TWICE), THEN REPEAT ON LEFT (TWICE)**

- 1-2      Touch right to side & together beside left
- 3-4      Touch right to side & together beside left
- 5-6      Touch left to side & together beside right
- 7-8      Touch left to side & together beside right

**Alternative: do a full Monterey step for first 8 counts**

## **BASIC STEP TO RIGHT (SIDE, TOGETHER, SIDE, TOUCH), HIP BUMPS LEFT, RIGHT, LEFT, RIGHT**

- 9-10      Step side right, step left beside
- 11-12      Step side right, touch left beside
- 13-16      Bump hips left, right, left, then right (weight ends on right)

**Alternative: rolling vine right**

- 9-16      Hip circles, or roll

## **BASIC STEP TO LEFT (SIDE, TOGETHER, SIDE, TOUCH), HIP BUMPS RIGHT, LEFT, RIGHT, LEFT**

- 17-18      Step side left, step right beside
- 19-20      Step side left, touch right beside
- 21-24      Bump hips right, left, right, then left (weight on left)

**Alternative: rolling vine left 17-20 hip circles, or roll**

## **RIGHT HEEL FORWARD, DROP TOE, LEFT HEEL FORWARD, DROP TOE**

- 25-28      Right heel forward & slap toe, left heel forward & slap toe

## **RIGHT HEEL FORWARD 45 DEGREES TO LEFT, DROP TOE (FACING CORNER)**

- 29-30      Lean forward, step right heel forward 45 degree angle & slap toe

## **STEPPING A QUARTER TURN LEFT, LEFT HEEL FORWARD, DROP TOE**

**31-32<sup>1</sup>/<sub>4</sub> turn left by stepping on left heel forward & slap toe**

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=36780](https://www.linedance.com/index.php?f=dance_view&id=36780)