

YOU & ME

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Count: 64 **Wall:** — **Level:** —

Choreographer: Elizabeth Henderson

Music: This Is Us by Mark Knopfler & Emmylou Harris

Position: Inside hand hold, facing LOD, mirror image, Man's steps given

LEFT SHUFFLE FORWARD HOLD, RIGHT SHUFFLE FORWARD HOLD (INSIDE HAND HOLD)

1-8 Left shuffle forward hold, right shuffle forward hold

LEFT GRAPEVINE TOUCH, RIGHT GRAPEVINE $\frac{1}{4}$ TURN RIGHT TOUCH

1-4 Left to left, right behind, left to left, touch right beside left

5-8 Right to right, left behind, right to right with $\frac{1}{4}$ turn right, touch left beside right

RUMBA BOX, FORWARD AND BACK. (DOUBLE HAND HOLD) OLD

1-4 Left to left, right beside left, left forward hold

5-8 Right to right, left beside right, right back hold

GRAPEVINE $\frac{1}{4}$ TURN LEFT HOLD, RIGHT SHUFFLE FORWARD HOLD

Inside hand hold, LOD

1-4 Left to left, right behind, left $\frac{1}{4}$ turn left touch right beside left

5-8 Shuffle forward right, hold

CHASSE $\frac{1}{4}$ TURN RIGHT HOLD, CHASSE $\frac{1}{2}$ TURN RIGHT HOLD

Alternate hands on turns

1-4 Left $\frac{1}{4}$ turn right, right next to left, left to side, touch right beside left

5-8 Right $\frac{1}{2}$ turn right, left beside right, right to right, touch left beside right (ILOD)

CHASSE $\frac{1}{2}$ TURN RIGHT HOLD, CHASSE $\frac{1}{2}$ TURN RIGHT HOLD

Alternate hands on turns

1-4 Left $\frac{1}{2}$ turn right, right beside left, left to left, touch right beside left

5-8 Right $\frac{1}{2}$ turn right, left beside right, right to right, touch left beside right

$\frac{1}{4}$ TURN JAZZ BOX, HOLD. JAZZ BOX HOLD (LOD)

1-4 Cross left $\frac{1}{4}$ turn over right, right to right, left beside right, hold

5-8 Cross right over left, left to left, right to right, hold

ROCKS FORWARD AND BACK (REPEAT)

1-8 Rock forward on left, recover on right, rock back on left, recover on right (repeat)

REPEAT