

WORKING LUNCH

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Count: 48

Wall: 1

Level: beginner/intermediate

Choreographer: William Sevone

Music: All Work And No Play by Van Morrison

CROSS TOUCH, KICK FORWARD, ½ RIGHT TRIPLE STEP, TOE STRUT, FORWARD SHUFFLE

1-2 Cross touch right toe over left foot, kick right foot forward

3&4(On the spot) triple step turn ½ right stepping right, left-right

5-6 Step forward onto left toe, drop left heel to floor

7&8 Step forward onto right foot, close left foot next to right, step forward onto right foot

CROSS TOUCH, KICK FORWARD, ½ LEFT TRIPLE STEP, TOE STRUT, FORWARD SHUFFLE

9-10 Cross touch left toe over right foot, kick left foot forward

11&12(On the spot) triple step turn ½ left stepping left, right, left

13-14 Step forward onto right toe, drop right heel to floor

15&16 Step forward onto left foot, close right foot next to left, step forward onto left foot

CROSS STEP, ¾ LEFT WITH FORWARD KICK, COASTER STEP, ¼ LEFT SIDE STEP, ½ LEFT SIDE STEP, HEEL SWITCH

17-18 Cross step right foot over left, unwind ¾ left & kick left foot forward

19&20 Step backward onto left foot, step right foot next to left, step forward onto left foot

21-22 Turn ¼ left & step right foot to right side, turn ½ left & step left foot to left side

23&24 Touch right heel forward, step right foot next to left, touch left heel forward

2X DIAGONAL FORWARD CROSS STEP-TOGETHER-HEEL SWITCH

25-26 Cross step left foot diagonally forward across right, step right foot next to left

27&28 Touch left heel forward, step left foot next to right, touch right heel forward

29-30 Cross step right foot diagonally forward across left, step left foot next to right

31&32 Touch right heel forward, step right foot next to left, touch left heel forward

On the diagonal cross steps, bend the knees slightly forward

**CROSS STEP, ½ RIGHT, FORWARD SAILOR STEP, 2X DIAGONAL STEPS FORWARD,
FORWARD SHUFFLE**

- 33-34** Cross step left foot over right, unwind ½ right (weight on left foot)
- 35&36** Cross step right foot behind left, step left foot to left side, step forward onto right foot
- 37-38** Step left foot diagonally forward left, step right foot diagonally forward right
- 39&40** Step forward onto left foot, close right foot next to left, step forward onto left foot

ROCK, STEP, ¼ RIGHT COASTER STEP, ROCK, STEP, ¼ LEFT COASTER STEP

- 41-42** Rock forward onto right foot, step onto left foot
- 43&44** Turn ¼ right & step backward onto right foot, step left foot next to right, step forward onto right foot
- 45-46** Rock forward onto left foot, step onto right foot
- 47&48** Turn ¼ left & step backward onto left foot step right foot next to left, step forward onto left foot

REPEAT

DANCE FINISH

After completing the 10th vanilla do the following

- 1** Step right foot next to left with right hand on hat brim & left hand on left hip