

Sad Mama

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Greywolf & Wiya Wambli - May 2016

Music: Doug Stone - Don't Tell Mamma (90 bpm)

(intro 16 tellen)

Alt. music: Dwight Yoakam - Don` t Be Sad (124 bpm)

BRUSH, STEP BACK, BACK ROCK, SHUFFLE FORWARD, PIVOT ¼ TURN L

1RF brush forward

2RF step back

3LF rock back

4 Weight back on RF

5LF step forward

&RF step beside LF

6LF step forward

7RF step forward

8LF&RF 1/4 turn left (9)

CROSS SHUFFLE, SIDE ROCK,CROSS BEHIND, ¼ TURN R, STEP FWD, ½ PIVOT R

9RF step across LF

&LF step left

10RF step across LF

11LF rock left

12 Weight back on RF

13LF cross behind RF

14RF step right, ¼ turn right (12)

15LF step forward

16RF&LF ½ turn right (6)

**STEP FWD, ½ TURN L, ½ TURN L, STEP FWD, ROCK STEP, STEP BACK WITH SWEEP,
STEP BACK WITH SWEEP**

17LF step forward

18RF ½ turn left, step back (option: RF step forward)

19LF ½ turn left, step forward (option: LF step forward)

20RF step forward

21LF rock forward

22 Weight back on RF

23LF sweep and step back

24RF sweep and step back

SAILORSTEP, CROSS ROCK, SIDE ROCK, BACK ROCK

25LF cross behind RF

&RF step right

26LF step left

27RF rock/cross over LF

28 Weight back on LF

29RF rock right

30 Weight back on LF

31RF rock back

32 Weight back on LF

Start over

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