

THIS IS IT!

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Count: 32 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Rachael Pugh

Music: I Had The Time Of My Life by Bill Medley & Jennifer Warnes

MAMBOS FORWARD, BACK, SIDE, SIDE

- 1&2** Step left forward, rock back onto right in place, step left next to right
- 3&4** Step right back, rock forward onto left in place, step right next to left
- 5&6** Step left to side, rock onto right in place, step left next to right
- 7&8** Step right to side, rock onto left in place, step right next to left

PIVOT HALF TURN, MAMBO FORWARD, VINE 2, QUARTER TURN HEEL-BALL-CHANGE

- 9-10** Step left forward, pivot half turn to right, weight now on right
- 11&12** Step left forward, rock onto right in place, step left next to right
- 13-14** Step right to side, step left behind right
- &15** Step back on right making quarter turn left, touch left heel diagonally forward
- &16** Step on ball of left in place, step on right beside left

SHUFFLE FORWARD TWICE (SECOND WITH OPTIONAL FULL TURN), SIDE ROCK CROSS TWICE

- 17&18** Shuffle forward on left, right, left
- 19&20** Shuffle forward on right, left, right (with optional full turn to left)
- 21&22** Step left to side, rock onto right in place, step left across right
- 23&24** Step right to side, rock onto left in place, step right across left

DIAGONAL STEPS TRAVELING BACK, STOMP TWICE, FULL TURN TRAVELING RIGHT, CHASSE RIGHT

- 25&** Step left back about 45 degrees, step right in front of left
- 26&** Step left back about 45 degrees, step right in front of left
- 27** Step left back about 45 degrees
- &28** Stomp right to side, stomp left next to right

29-30 Making half turn to right step forward on right, step left back making another half turn to right

31&32 Step right to side, close left to right, step right to side

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=42972