

Sweet Mama

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Terri Lineberry (Aug 2013)

Music: Sweet Mama by The Allman Brothers (cd: Win, Lose or Draw) iTunes

Begin On lyrics

SHUFFLE RIGHT WITH ROCK RECOVER, SHUFFLE LEFT WITH ROCK RECOVER

- 1&2 Step right to right, step left to right, step right to right
- 3-4 Step left behind right, recover on right
- 5&6 Step left to left, step right to left, step left to left
- 7-8 Step right behind left, recover on left

SHUFFLE RIGHT FORWARD, SHUFFLE LEFT FORWARD, ROCKING CHAIR

- 1&2 Step right forward, step left to right, step right forward
- 3&4 Step left forward, step right to left, step left forward
- 5-6 Step right forward, recover on left
- 7-8 Step right back, recover on left

½ TURN LEFT, SHUFFLE RIGHT FORWARD, ROCKING CHAIR

- 1-2 Step right forward, ½ turn left
- 3&4 Step right forward, step left to right, step right forward
- 5-6 Step left forward, recover on right
- 7-8 Step left back, recover on right

JAZZBOX INPLACE, JAZZBOX ¼ TURN LEFT

- 1-2 Step left across right, step right back
- 3-4 Step left to left, step right to left
- 5-6 Step left across right, step right back ¼ turn left
- 7-8 Step left to left, step right to left

BEGIN AGAIN