

# Strip It Down

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**Count:** 32                      **Wall:** 4                      **Level:** Low Intermediate

**Choreographer:** ilona tessmer-willis (USA) Sept. 2015

**Music:** Strip It Down by Luke Bryan (Google Play • iTunes • AmazonMP3) [3:50 - 140 bpm]

**This dance has turns in S1, S3 & S4. The song's slow tempo allows even beginners to try them, however, there are options, if dancers choose not to turn.**

**Intro: 32 counts**

**R SIDE ROCK, R SAILOR STEP, FULL TURN R: L PIVOT, L CHA-CHA ( OPTION: WALK L & R IN PLACE, L CHA-CHA IN PLACE)**

**1-2R Side Rock, (recover weight on left)**

**3&4**              Cross R Behind L, Step L to Side, Step R

**5-6½ Turn R: L Pivot**

**7&8½ turn R: L Cha-Cha**

**R & L WALK FORWARD, 1/8 RIGHT DIAGONAL: R CHA-CHA, L & R WALK BACK FROM THE DIAGONAL, L COASTER STEP**

**1-2R & L Walk Forward**

**3&4 1/8 Diagonal Right: R Cha-Cha**

**5-6L & R Walk Back from Diagonal to Face front**

**7&8**              Coaster Step: L Step Back, R Step Next to L, Step Forward on L

**MAKE 1+1/4 TURN RIGHT: ¼ TURN R: STEP R, L, FULL TURN R CHA-CHA, L FRONT ROCK, 3 RUNS BACK: L,R,L (OPTION: ¼ TURN: WALK R & L, R CHA-CHA)**

**1-2**              Turn ¼ to Right: R, L,

**3&4**              Full Turn: R Cha-Cha

**5-6L Front Rock (recover weight on right)**

**7&8**              Run Back L,R,L ( weight is on left)

**R ROCK BACK, 3/4 TURN L: R CHA-CHA, SWAY L & R, 3/4 TURN R: L CHA-CHA (OPTION: R BACK, R CHA-CHA, L FRONT ROCK,L CHA-CHA)**

**1-2R Rock Back, ( recover weight on left)**

**3&4<sup>3</sup>/<sub>4</sub> L Turn: R Cha-Cha**

**5-6**            Sway L & R

**7&8<sup>3</sup>/<sub>4</sub> R Turn: L Cha-Cha (weight is on left)**

**Love this new Luke Bryan song ---enjoy the dance!!**

**Please don't alter this step sheet. i.e. keep in original form, when posting to a website.**

**Contact me if any questions arise. Thank you.**

**Contact: [hel.38@att.net](mailto:hel.38@att.net)**