

# RHYTHM OF MY HEART

LINEDANCE.COM

**Count:** 56

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Glennys Croston

**Music:** Rhythm Of My Heart by Rod Stewart

## RIGHT AND LEFT HEEL SWITCHES, CLAPS TWICE

- 1&2** Touch right heel forward step right beside left, touch left heel forward
- &3&4** Step left beside right touch right heel forward, clap clap
- &5** Step right beside left, touch left heel forward
- &6** Step left beside right, touch right heel forward
- &7&8** Step right beside left, touch left heel forward, clap clap

## RIGHT & LEFT STEP LOCK STEP FORWARD, ROCK FORWARD RECOVER, HALF TRIPLE TURN RIGHT

- &9&10** Step forward on right bring left behind right, step forward on right
- 11&12** Step forward on left bring right behind left, step forward on left
- 13-14** Rock forward on right recover weight on left
- 15&16** Half triple right turn on right left right

## STEP TURN RIGHT, FORWARD STEP LOCK STEP, CROSS ROCK, RIGHT CHASSE

- 17-18** Step forward on left, pivot half turn right
- 19&20** Step forward on left bring right behind left, step forward on left
- 21-22** Cross rock right over left, recover on left
- 23&24** Right side together side

## CROSS ROCK RECOVER, QUARTER LEFT SHUFFLE FORWARD, PIVOT HALF TURN LEFT, RIGHT FORWARD SHUFFLE

- 25-26** Cross rock left over right, recover on right
- 27&28** Make quarter turn left, left forward shuffle
- 29-30** Step forward on right, pivot half turn left
- 31&32** Step forward on right, bring left to right, step forward on right

## ROCK RECOVER, LEFT QUARTER TURN, CHASSE, CROSS SIDE BEHIND & CROSS

- 33-34** Rock forward on left, recover on right
- 35&36** Make quarter turn left side together side
- 37-38** Cross right over left, step left to side
- 39&40** Step right behind left, step left beside right, cross right over left

**SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, QUARTER RIGHT TURN, COASTER STEP**

- 41-42** Rock to side on left, recover on right
- 43&44** Cross left over right, step right to side, cross left over right
- 45-46** Rock right to side recover on left
- 47&48** Make quarter turn right, coaster step

**HALF PIVOT TURN RIGHT, FORWARD STEP LOCK STEP, ROCK FORWARD RECOVER, ROCK BACK RECOVER**

- 49-50** Step forward on left, pivot half turn right
- 51&52** Step forward on left, bring right behind left, step forward on left
- 53-54** Rock forward on right, recover on left
- 55-56** Rock back on right recover on left

**REPEAT**

**ending**

**For Rod Stewart track only: To finish the dance at the 7th wall (facing the back wall) complete counts 1-8 then cross right over left and unwind half turn left to finish dance facing your home wall.**