

# Rhythm Connection

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Aiden Fryer (UK) Nuline - July 2015

**Music:** Make Me Sweat by 4 To The Bar

## START - 32 COUNTS

### SIDE, BACK ROCK, RECOVER, CHASSE RIGHT, CROSS, FULL TURN, CHASSE LEFT

- 1-3**            Step left to side, cross/rock right behind left, recover to left
- 4&5**           Step right to side, step left together, step right to side
- 6-7**           Cross left over right, unwind a full turn right (weight to right)
- 8&1**           Step left to side, step right together, step left to side

### BACK ROCK , RECOVER, RIGHT SHUFFLE FORWARD , ROCK FORWARD RECOVER , CHASSE ¼ LEFT

- 2-3**            Rock back on right , recover on left
- 4&5**           Right shuffle forward stepping right forward, left to right, right foot forward
- 6-7**            Rock forward on left , recover on right
- 8&**              Chasse ¼ left , stepping left to left side , right next to left

### SWAY LEFT , RIGHT LEFT SAILOR STEP, SWAY RIGHT , SWAY LEFT , RIGHT SAILOR STEP

- 1-2**            Step on left foot sway hips to left , stepping on right foot sway hips to right
- 3&4**            Left sailor , stepping left behind right , step right to right side , left to left side
- 5-6**            Step on right foot sway hips to right , stepping on left foot sway hips to left
- 7&8**            Right sailor , stepping right behind left , step left to left side , right to right side

### ROCK FORWARD , RECOVER , ¼ CHASSE LEFT , CROSS , BACK SIDE ROCK TOGETHER SIDE

- 1-2**            Rock forward on left , recover on right
- 3&4**            Chasse ¼ left stepping left to left side, right next to left , left to left side
- 5-6-7**          Cross right over left , step back on left , rock right to right side ,
- 8&**              Recover on left , step right next to left.

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