

# Sweet Sister

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**Count:** 32                      **Wall:** 4                      **Level:** Intermediate

**Choreographer:** Sadiyah Heggernes (Nor) Feb. 2010

**Music:** 'Hey Soul Sister' by Train (97 bpm) CD 'Save Me, San Francisco'

## 32 count intro - start on main vocals

### Section 1: Hip Sways, ¼ Turn, Shuffle Forward, Step, Full Turn, Step

1-3                      Small step on right diagonal swaying hips right-left-right

4&5 ¼ turn left step forward on left. Close right beside left step forward on left (9.00)

6                      Step forward on right

7&8 ½ turn right step back on left. ½ turn right step forward on right. Step forward on left

### Section 2: Step, Rock Forward, Chasse ¼ Turn, Shuffle Forward, Step, Pivot, Step

&1-2                      Small step right beside left. Rock forward on left. Recover weight onto right

3&4 ¼ turn left step left to side. Close right beside left. Step left to side (6.00)

5&6                      Step forward on right. Close left beside right. Step forward on right

7&8                      Step forward on left. Make ½ pivot right. Step forward on left (12.00)

### Section 3: Diagonal Toe Struts, ¼ Turn, Side, Step, Kick Ball Touch, Sailor ½ Turn

1&                      Step right toe to right diagonal. Step down on right heel

2&                      Cross left toe over right. Step down on left heel

3&4 ¼ turn left stepping back on right. Step left to side. Step forward on right (9.00)

5&6                      Kick left forward. Step down on left. Touch right to side

7&8 1/4 turn to right crossing right behind left. 1/4 turn right stepping left next to right, step forward on right. (3:00)

### Section 4: Step, Rock Forward, Coaster Step, Side Rock Touch, Run back with Hitch

&1-2                      Small step left beside right. Rock forward on right. Recover weight onto left

3&4                      Step back on right. Step left beside right. Step forward on right

5&6                      Rock left to side. Recover weight onto right. Touch left beside right

**7&8** Run back left-right-left hitching right knee beside left

**Ending: You will be facing 6.00: Cross right over left, unwind ½ turn left to face 12:00**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=79056](https://www.linedance.com/index.php?f=dance_view&id=79056)