

# Sober Me Up

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Willie Brown [Jan 2015]

**Music:** 'Sober Me Up' by Frankie Ballard. ['Sunshine & Whiskey' album]

**Intro; 24 counts - on the word 'mess' - 14 secs approx (approx 120 bpm)**

## **Section 1: Left twinkle, Right cross-side-behind**

**1,2,3** Cross Left over Right, step Right to Right side, step Left to Left side

**4,5,6** Cross Right over Left, step Left to Left side, cross Right behind Left

## **Section 2: Big step Left and drag, ½ turn Right, point hold**

**1,2,3** Big step to Left on Left, drag Right to Left over 2 counts (keep weight on Left)

**4,5,6** Turn ¼ Right stepping on Right, turn ¼ Right and point Left to Left side, hold for 1 count [6]

## **Section 3: ¾ turn Left, cross rock, recover, side**

**1,2,3** Turn ¼ Left stepping on Left, turn ½ Left and step back on Right, step Left slightly to Left side [9]

**4,5,6** Cross rock Right over Left, recover weight back on Left, step Right to Right side

## **Section 4: Cross Left over right, point Right, hold, Cross Right behind left, point Left, hold**

**1,2,3** Cross Left over Right, point Right to Right side, hold for 1 count

**4,5,6 Cross Right behind Left, point left to Left side, hold for 1 count**

**(harder option for 4,5,6 - full Monterey turn over Right shoulder)**

## **Section 5: Left cross ¼ turn left x 2, Right cross ¼ turn right x 2**

**1,2,3** Cross Left over Right, turn ¼ Left and step back on Right, turn ¼ Left and step Left to Left side

**4,5,6 Cross Right over Left, turn ¼ Right and step back on Left, turn ¼ Right and step Right to Right side**

## **Section 6: Cross Left, kick Right, Right back basic**

**1,2,3** Cross Left over Right, kick Right foot to Right diagonal over 2 counts (stay facing diagonal)  
[10.30]

**4,5,6** Step back on Right, step Left beside Right, step Right beside Left (facing diagonal)

### **Section 7: Forward basic with ½ turn Left, back basic with ½ turn Left**

**1,2,3** Step forward on Left, turn ½ Left and step back on Right, step Left beside Right

**4,5,6** Step back on Right, turn ½ Left and step forward on Left, step Right beside Left (facing diagonal)

### **Section 8: Forward basic, step back, ¼ turn Left, 1/8 turn Left**

**1,2,3** Step forward on Left, step Right beside Left, step Left beside Right (facing diagonal)

**4,5,6** Step back on Right, turn ¼ Left and step Left to Left side, turn 1/8 Left and step Right to Right side [6]

**(during counts 4,5,6 try moving in a smooth 'arc' towards the next wall)**

**...START AGAIN**

**Tag; at the end of wall 7, facing 6 o'clock, add the following;**

**Left twinkle, Right twinkle**

**1,2,3** Cross Left over Right, step Right to Right side, step Left to Left side

**4,5,6** Cross Right over Left, step Left to Left side, step Right to Right side

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