

# Sufriendo

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**Count:** 32

**Wall:** 4

**Level:** Improver Polka

**Choreographer:** Marie Sørensen (Sunshine Cowgirl) - Denmark - January 2010

**Music:** "Sufriendo Y Penando" - By Tobias Rene

## Intro: 34 Counts

### Chasse right, back rock, Chasse left back rock

- 1 & 2** Step right to right side, step left beside right, step right to right side
- 3 - 4** Rock back left, recover
- 5 & 6** Step left to left side, step right beside left, step left to left side
- 7 - 8** Rock back right, recover

### Heel switches x 4(moving forward), Rock, recover, ½ turn shuffle

- 1 & 2 &** Tap right heel Fwd. step right in place, Tap left heel Fwd. step left in place (moving forward),
- 3 & 4 &** Tap right heel Fwd. step right in place, Tap left heel Fwd. step left in place (moving forward),
- 5 - 6** Rock Fwd. right, recover
- 7 & 8** Make ¼ turn right, step right to right side, step left beside right, make 1/4 turn right, step fwd. right

### Chasse left, (Chasse box )Chasse ¼ turn right, Chasse ¼ turn left, Chasse ¼ turn right

- 1 & 2** Step left to left side, step right beside left, step left to left side - (6 O`clock)
- 3 & 4 ¼ turn right, step right to right side, step left beside right, step right to right side - (9 O`clock)**
- 5 & 6 ¼ turn right, step left to left side, step right beside left, step left to left side (12 O`clock)**
- 7 & 8 ¼ turn right, Step right to right side, step left beside right, step right to right side (3 O`clock)**

### Kick Ball Change left x 2, Rock, recover, Coaster step

- 1 & 2** Kick left Fwd. Step left in place, Step right beside left

**3 & 4** Kick left Fwd. Step left in place, Step right beside left

**5 & 6** Rock Fwd. left, recover

**7 & 8** Step left back, step right beside left. Step left Fwd.

**Tag on wall 6 after 16 Count (Facing 9 O`Clock)**

**Step Fwd. left, Hold**

**Then restart**

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