

# WESTERN EXPRESS

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**Count:** 34      **Wall:** —      **Level:** —

**Choreographer:** John & Janette Sandham

**Music:** Orange Blossom Special by Mark O'Connor

## PIGEON TOES

- 1      With weight on the balls of the feet move heels apart
- 2      With weight on the balls of the feet move heels together
- 3      Move heels apart
- 4      Move heels together

## DOWN-UP, DOWN-UP

- 1      Bend knees
- 2      Straighten knees
- 3      Bend knees
- 4      Straighten knees

**As you are going up and down make "locomotive" driving wheel movements with both arms, like a snow skier**

- 1-2      Raise right knee twice

**At same time raise right hand in air and "Pull" that train whistle, twice, with a verbal "Whoop, Whoop"**

## RIGHT GRAPEVINE

- 1      Right foot step to right side
- 2      Left foot cross behind right
- 3      Right foot step to right side
- 4      Hop on right with  $\frac{1}{2}$  turn to right

## LEFT GRAPEVINE

- 1      Left foot step to left side

- 2 Cross right foot behind left
- 3 Left foot step to left side
- 4 Hop on left foot

### **STEP, HOP, STEP, HOP**

- 1 Step forward on right foot
- 2 Hop on right foot
- 3 Step forward on left foot
- 4 Hop on left foot

### **RIGHT GRAPEVINE**

- 1 Right foot step to right side
- 2 Cross left foot behind right
- 3 Step right foot to right side
- 4 Hop on right with  $\frac{1}{2}$  turn to the right

### **LEFT GRAPEVINE**

- 1 Left foot step to left side
- 2 Cross right foot behind left
- 3 Left foot step to left side
- 4 Hop on left

### **STEP, HOP, STEP, STOMP**

- 1 Step forward on right foot
- 2 Hop on right
- 3 Step forward on left foot
- 4 Stomp right foot

### **REPEAT**