

THE ONE

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Fred Knopp (June 08) Aus

Music: The One by Gary Allan (CD: All Right Guy)

Original Position: Feet Together Weight On Left; Start After 24 Counts

Right Rock/Step Forward, Right Side With $\frac{1}{4}$ Turn Right, Left Cross, Right Side With $\frac{1}{2}$ Turn Left, Left Side, Right Cross/Rock, Right Side, Left Cross, Right Side $\frac{1}{4}$ Turn Left, Left Rock Back

- 1-2** Rock / step fwd on R, rock back on L
- &3** Step R to R with $\frac{1}{4}$ turn R, step L across in front of R
- &4** Step R to R with $\frac{1}{2}$ turn L, step L to L
- 5-6** Rock / step R across in front of L, rock back on L
- &7** Step R to R, step L across in front of R
- &8** Step R to R with $\frac{1}{4}$ turn L, rock back on L

Rock Forward Right, Left Forward, Right Sailor Step, Left Behind, Right Side With $\frac{1}{4}$ Turn Right, Left Forward, Step Right Together & Pivot $\frac{1}{2}$ Turn Right, Left Shuffle Forward

- 9-10** Rock fwd on R, step fwd on L at a slight diagonal
- &11** Step R behind L, step L to L
- &12** Step R to R, step L behind
- 13-14** Step R to R with $\frac{1}{4}$ turn R, step fwd on L
- &15** Step R next to L & pivot $\frac{1}{2}$ turn R, step fwd on L
- &16** Step R next to L, step fwd on L (Restart occurs here)

Right Rock/Step Forward, Right Together, Pivot $\frac{1}{2}$ Turn Left, Shuffle Forward Left, Pivot $\frac{1}{4}$ Turn Left, Right Rock/ Step Forward, Right Back With $\frac{1}{2}$ Turn Right, Left Forward, Pivot $\frac{1}{4}$ Right, Left Cross

- 17-18** Rock / step fwd on R, rock back on L
- &19** Step R next to L, pivot $\frac{1}{2}$ turn L & step fwd on L
- &20** Step R next to L, step fwd on L

- &** Pivot ¼ turn L on ball of L
- 21-22** Rock / step fwd on R, rock back on L
- &23** Step back on R with ½ turn R, step fwd on L
- &24** Step on R with ¼ turn R, step L across in front of R

Right Side, Left Behind, Right Weave, Right Side With ¼ Turn Right, Left Forward, Step Right Together & Pivot ½ Turn Right, Left Forward, Right Forward With ½ Turn Left, Left Forward

- 25-26** Step R to R, step L behind R
- &27** Step R to R, step L across in front of R
- &28** Step R to R, step L behind R
- 29-30** Step R to R with ¼ turn R, step fwd on L
- &31** Step R next to L & pivot ½ turn R, step fwd on L
- &32** Step fwd on R & pivot ½ turn L on ball of R, step fwd on L

TAG:

AFTER the 2nd rep of the dance do the tag TWICE.

At the End of the 4th rep do the tag ONCE.

Right Step Forward, Left Rock/Step Forward, Left Step Back, Right Rock/Step Back

- 1-2** Step fwd on R, rock fwd on L
- &3** Rock back on R, step back on L
- &4** Rock back on R, rock fwd on L

RESTART: On the 6th rep do the 1st 16 counts and then restart BUT pivot ¼ turn left on the ball on the left as you restart to keep the dance in sync of a 2 wall dance.