

REGRETS

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Count: 48

Wall: 2

Level: intermediate waltz

Choreographer: Luke van der Meer

Music: All I Had Going Is Gone by Gary Allan

- 1-2** Rock right foot forward, rock weight back onto left foot
- 3** Turning $\frac{1}{2}$ back right step right foot forward
- 4-5-6** Step left foot forward, step right foot beside left, step left foot in place
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- 1-2** Turning $\frac{1}{4}$ right step right foot forward, step left foot back around $\frac{1}{2}$ right
- 3** Turning a further $\frac{1}{4}$ right step right foot to right side
- 4-5-6** Step left foot beside right, step right foot in place, step left foot in place
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- 1-2** Turning $\frac{1}{4}$ right step right foot forward, step left foot forward
- 3** Pivot $\frac{1}{2}$ right taking weight onto right foot
- 4-5** Rock left foot forward, rock weight back onto right foot
- &6** Turning $\frac{1}{4}$ left stepping left foot forward, step right foot forward
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- 1-2** Step left foot forward, touch right foot beside left (keep weight on left foot)
- &3** Stepping right foot back, step/cross left foot in front of right foot
- 4-5-6** Step right foot to right side push hips to right side, push hips to left side, push hips to right side (taking weight onto right foot)
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- 1-2** Turning $\frac{1}{4}$ left step left foot forward, turning around $\frac{1}{2}$ left step right foot back
- 3** Turning around a further $\frac{1}{2}$ back left step left foot forward
- 4-5** Rock right foot forward, rock weight back onto left foot
- 6** Turning $\frac{1}{4}$ left step right foot to right side

- 1-2** Rock left foot behind right foot, rock weight forward onto right foot
- &3** Turning $\frac{1}{4}$ right stepping left foot back, turning a further $\frac{1}{2}$ back right step right foot forward
- 4-5-6** Step left foot forward, slide right foot beside left foot, hold
- 1-2-3** Step right foot forward, slide left foot beside right foot, hold (keep weight on right foot)
- 4-5** Step left foot back on a 45 back left, step/cross right foot in front of left foot
- &6** Stepping left foot back, step right foot back on a 45 back right
- 1-2** Step/cross left foot in front of right foot, step right foot back at 45 back right
- &3** Stepping left foot back, step forward onto right foot in place
- 4** Turning around $\frac{1}{2}$ right step a large step back with left foot
- 5** Turning around a further $\frac{1}{2}$ back right step a large step forward with right foot
- 6** Turning $\frac{1}{4}$ right step a large step forward with left foot

REPEAT

TAG

After the 2nd time you do the dance (facing front wall) add in the following 6 beat tag. Then start the dance again, this will put you back in phase with the 2nd verse of song

- 1-2** Rock right foot forward, rock weight back onto left foot
- 3** Turning $\frac{1}{2}$ back right step right foot forward
- 4-5** Rock left foot forward, rock weight back onto right foot
- 6** Turning $\frac{1}{2}$ back left step left foot forward