

# SOFT AND SLOW

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**Count:** 32      **Wall:** 2      **Level:** beginner/intermediate

**Choreographer:** Kim Swan

**Music:** Nothin' On But The Radio by Gary Allan

## STEP LEFT, STEP RIGHT BACK, CROSS SHUFFLE, STEP, SLIDE, STEP AND CROSS

- 1-2**      Step left to left side, step back on right
- &3-4**      Cross left over right, step right to right side, cross left over right
- 5-6**      Step right to right side, slide left to touch next to right
- &7-8**      Step left to the left, step right next to left, step left across right

## TOE, KICK WITH ¼ TURN, COASTER, STEP, SLIDE, STEP AND CROSS

- 1-2**      Touch right toe next to left instep with knee turned in, turn ¼ right on ball of left kicking right forward
- &3-4**      Step back on right, step left next to right, step right forward
- 5-6**      Step left to left side, slide right to touch next to left
- &7-8**      Step right to the right, step left next to right, step right across left

## CROSS, ROCK, RECOVER, TURNING CROSSES, BACK SHUFFLE

- 1&2**      Cross left over right, rock to the right, recover on left
- 3&4**      Cross right over left, step back on left making ¼ turn right, step right to right
- 5-6**      Cross left over right, step back on right making ¼ turn left
- &7-8**      Left shuffle back stepping left, right, left

## ROCK, RECOVER, FULL TURN, TURNING JAZZ BOX INTO CROSS STEP

- 1-2**      Rock back on right, recover on left
- 3-4**      Step back on right making ½ turn left, step forward on left making ½ turn left
- 5-6**      Cross right over left, step back on left
- &7-8**      Step onto right making ¼ turn right, step left next to right, cross right over left

## REPEAT