

# Shakin' Bacon (-aka- Schuttel Dein Speck)

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**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Johan Bouillon - September 2016, South Africa

**Music:** Schuttel dein Speck by Peter Fox

**Intro 32 counts,**

**Dance has an easy 16 count Tag before wall 1 after 32 count intro, end of wall 3 and end of wall 7 as an ending**

**Section 1: STOMP, HOLD, CROSS SHUFFLE, CROSS BACK SIDE, CROSS BACK SIDE**

**1,2,3&4** Stomp LF to L, Hold, Cross RF over LF, Step LF to L, Cross RF over LF

**5&6** Cross LF over RF, Step RF back, Step LF to L side

**7&8** Cross RF over LF, Step LF back, Step RF to R side

**Section 2: ROCK RECOVER, ¾ TURN SHUFFLE, SIDE TOUCH R & L, FWD TOUCH R & L**

**1,2,3&4** Rock fwd on LF, Recover to RF, Make ¾ turn over L shoulder as you shuffle LRL

**5&6&7&8&** Touch RF to R, Close RF to LF, Touch LF to L, Close LF to RF, Press RF fwd, Close RF to LF, Press LF fwd, Close LF to RF

**Section 3: R CROSS SIDE ROCK, L CROSS SIDE ROCK, FULL TURN WALK R L R L**

**1&2** Cross RF over LF, Rock LF to L, Recover weight to RF,

**3&4** Cross LF over RF, Rock RF to R, Recover weight to LF

**5,6,7,8** Walk a full circle over R shoulder R, L, R, L

**Section 4: ¼ TURN JAZZ BOX, R HIP BUMP, L HIP BUMPS**

**1,2,3,4** Cross RF over LF, Make a ¼ turn R as you step back on LF, step RF to R, Step LF fwd

**&5&6** Touch RF fwd as you bump R hip up, Bring R hip down, Bump R hip up, Step down on RF

**&7&8&** Touch LF fwd as you bump L hip up, Bring hip down, Bump L hip up, Bring hip down, Bump hip up again weight is on RF to start with a LF stomp

**\*16 count Tag: Hand rolls with hip bumps & Slow and fast hip bumps**

**[1-8] Roll right and left hand over each other as you bump hip L x 4. Repeat to R**

**1,2,3,4** Bump Hips R L R L

**&5&6&7&8** Bump hips faster R, L x 4.

**You can do this as fast as you want as long as weight end on RF**

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