

SHOCK TO THE SYSTEM

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Munro Weston

Music: Hangover by Betty Boo

STEP FORWARD, ¼ TURN HITCH, SCISSOR CROSS, SIDE ROCKS, WEAVE

1 Step forward right

2¼ turn left, with weight on the right and left hitch

3&4 Left scissor cross

5 Rock right to right side

6 Rock left to left side

7&8 Weave left, crossing behind

ROCK FORWARD AND BACK, SYNCOPATED TURN AND REPEAT

1-2 Rock forward left, rock back right

3&4 Syncopated shuffle forward (left, right, left) making half turn right (swivel pelvis forward)

5-6 Rock forward right, rock back left

7&8 Syncopated shuffle forward (right, left, right) making half turn left (swivel pelvis forward)

TOE BACK ¾ TURN, SHUFFLE RIGHT, KICKS AND CROSSES, HALF UNWIND

1 Point left toe back

2¾ turn left stepping on the left

3&4 Right shuffle to right side

5 Kick left forward

& Step left to the left

6 Slide right to cross behind left

& Step left to the left

7 Kick right forward

& Step right to the right

8 Cross left in front

& Unwind $\frac{1}{2}$ turn right

HIP BUMPS, BACK ROCK $\frac{1}{4}$ TURN, SIDE AND BACK ROCK, COASTER STEP

1-2 Two hip bumps left with weight on the right

3&4 Rock left back $\frac{1}{4}$ turn left, rock onto right, step back left

5&6 Rock right to the right, rock onto left, step back right

7&8 Left coaster step

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=38204