

# Shake It Off

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**Count:** 32      **Wall:** 2      **Level:** Improver

**Choreographer:** Mitzi Day (Sept 2014)

**Music:** Shake it Off by Taylor Swift

**Intro: after 16 counts on Taylor's fifth word "late"**

**[1-8] jazz box cross ,step together ,step together**

**1-2-3right over left, step back on left, step R to R side**

**4L foot over R take weight on L**

**5-6step R to R side, step L together, put weight on L**

**7-8step R to right side, step L together put weight on L**

**[9-16] rock forward, rock side ,weave to left**

**1-2rock R forward, recover on L**

**3-4rock R to R side, recover on L**

**5-6-7-8step R back L step L to side, step R across L, step L to L side taking weight on L**

**[17-24] toe struts forward, forward then back, back using hands to shake it off with lyrics**

**1-2R forward toe heel take weight on R**

**3-4L forward toe heel take weight on L**

**5-6R step back on toe then heel**

**7-8L step back on toe then heel**

**[25-32] step R to R side, look to R side ,put weight on L, Hitch R knee while turning Left look to right wall, to back wall and placing R foot at 9:00, press R and put weight on L**

**1-2step to right side**

**3-4look to right wall (psyche!)**

**5put weight on L foot**

**6-7-8left 1/2 turn putting weight on L with R knee hitched (6) step on R foot and press facing back wall (7), take weight on L (8)**

**Tag: after rap there is dead air for 8 counts .put both hands in air and wiggle fingers like Taylor does in her video.**

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