

SMOOTH SAILING

LINEDANCE.COM

Count: 36

Wall: 1

Level: beginner/intermediate

Choreographer: Norman Dery

Music: Smooth Sailing by Nana Mouskouri

1-3 Left foot forward; right foot forward; left foot forward

4-6 Right heel forward no weight; right foot to rear; left foot rear

7-8 Right foot rear; left foot pointed to rear

KICK BALL CHANGE

9&10 Left foot kick forward; left foot rear; right foot in place

11&12 Left foot kick forward; left foot rear; right foot in place

13-14 Left foot forward; right foot in place $\frac{1}{2}$ turn right

15-16 Left foot forward; right foot in place $\frac{1}{2}$ turn right

FOUR ONE QUARTER TURN LEFT

17-18 Left foot forward $\frac{1}{8}$ turn left; right foot to right side $\frac{1}{8}$ turn left

19-20 Left foot next to right; right foot rear $\frac{1}{8}$ turn left

21-22 Left foot to left side $\frac{1}{8}$ turn left; right foot next to left

23-24 Left foot to left side $\frac{1}{8}$ turn left; right foot to right side $\frac{1}{8}$ turn left

25-26 Left foot next to right; right foot rear $\frac{1}{8}$ turn left

27-28 Left foot to left side $\frac{1}{8}$ turn left; right foot next to left

SHUFFLE LEFT SHUFFLE RIGHT

29&30 Left foot to left side; right foot next to left ;left foot to left side

&31-32 Right foot next to left; left foot to left side; right foot next to left no weight

33&34 Right foot to right side; left foot next to right; right foot to right side

&35-36 Left foot next to right; right foot to right side; left foot next to right no weight

REPEAT