

# Roll it Out

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Tracey Lynn (aka Country Shine) and Vanessa Johnston (aka Country Soul) 28 April 2018

**Music:** Slow Your Roll, by Brothers Osborne

**(Start with weight on left foot)**

**Toe Heel Step (x2), Rock & Cross, Rock & ½ Turn**

- 1&2**      Touch Right toe beside Left (1), Touch Right heel in front (&), Step onto Right (2)
- 3&4**      Touch Left toe beside Right (3), Touch Left heel in front (&), Step onto Left (4)
- 5&6**      Side Rock onto Right foot (5), Recover onto Left foot (&), Cross Right foot in front of Left (6)
- 7&8**      Side Rock onto Left Foot (7), Recover onto Right foot (&), Pivot ½ turn stepping onto Left foot (8) (turning over Right shoulder)

**Shuffle Right, Shuffle Left, Jazz Box ¼ Turn**

- 1&2**      Step forward onto Right foot (1), Step together with Left (&), Step forward onto Right (2) (\*on a slight 45-degree angle)
- 3&4**      Step forward onto Left foot (3), Step together with Right (&), Step forward onto Left (4) (\*on a slight 45-degree angle)
- 5,6,7,8**      Cross Right foot in front of Left (5), Step back onto Left foot (6), Step beside with Right foot making a ¼ turn (7) (turning over Right shoulder), Step together with Left foot (8)

**(Restart here on 4th wall)**

**Hip Bumps (x2), Rock Recover, Full Turn Backward**

- 1,2**      Bump Hips to the Right twice (1, 2)
- 3,4**      Bump Hips to the Left twice (3, 4)
- 5,6**      Rock forward onto Right foot (5), Recover onto Left foot (6)
- 7,8**      Step back onto Right foot making a ½ turn (7), Step back onto Left foot making another ½ turn (8) (turning over Right shoulder)

**\*Easier Option - Instead of doing the full turn backward, for counts 7,8: walk back Right-Left**

**Coaster Step, Full Turn Forward, Rock Recover, Coaster Step**

- 1&2** Step back onto Right foot (1), Step beside onto Left foot (&), Step forward onto Right foot (2)
- 3,4** Step forward onto Left foot making a ½ turn (3), Step forward onto Right foot making another ½ turn (4) (turning over Right shoulder)
- 5,6** Rock forward onto Left foot (5), Recover onto Right foot (6)
- 7&8** Step back onto Left foot (7), Step beside onto Right foot (&), Step forward onto Left foot (8)

**\*Easier Option - instead of doing the full turn forward, for counts 3,4: walk forward Left-Right**

**Tag - 8 counts - At the end of the second (2nd) wall: Mambo forward, Mambo back, Sway x4**

- 1&2** Rock forward onto Right foot (1), recover onto Left foot (&), step Right foot beside Left (2)
- 3&4** Rock back onto Left foot (3), recover onto Right foot (&), step Left foot beside Right (4)
- 5,6,7,8** Sway hips 4 times, Right (5) - Left (6) - Right (7) - Left (8) (end with weight on Left foot)

**(\*Happens while facing 6 o'clock)**

**Restart: On the fourth wall, dance the first 16 counts then restart the dance again (\*Happens when you are back to facing 12 o'clock).**

**Contact [countrysoulinedance@gmail.com](mailto:countrysoulinedance@gmail.com) with any questions!**