

SAFE IN THE ARMS OF LOVE

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Count: 64

Wall: 4

Level: beginner/intermediate

Choreographer: Lynn Dryden

Music: Safe In The Arms Of Love by Martina McBride

CROSS ROCK, TRIPLE STEP, CROSS ROCK, TRIPLE STEP

- 1-2 Cross rock right over left and replace
- 3&4 Triple step on the spot, (right, left, right)
- 5-6 Cross rock left and replace
- 7&8 Triple step on the spot.(left, right, left.)

4 DIAGONAL STEPS BACK CLAPPING HANDS

- 1-2 Step right foot back on right diagonal and touch left to right
- 3-4 Step left foot back on left diagonal and touch right to left
- 5-6 Step right foot back on right diagonal and touch left to right
- 7-8 Step left foot back on left diagonal and touch right to left

TOE, KICK, CROSS, HOLD TWICE

- 1-2 Right toe kick
- 3-4 Cross hold
- 5-6 Left toe kick
- 7-8 Cross, hold

TWO JAZZ BOXES. (RIGHT FOOT)

- 1-2 Cross right foot over left, step left foot back
- 3-4 Step right to right side and close left to right foot
- 5-6 Cross right over left, step left foot back
- 7-8 Step right to right side and close left to right foot

FULL MONTEREY TURN

- 1-2 Point right toe to right side, bring right foot in turning a half turn to right
- 3-4 Point left toe out and close to right
- 5-6 Point right toe to right turning half turn to right

7-8 Point left toe out to left and close to right foot

RIGHT CHASSE, ROCK REPLACE. LEFT CHASSE, ROCK REPLACE

1&2 Step right to right side. Close left beside right. Step right to right side

3-4 Cross rock left over right replacing weight on right foot

5&6 Step left to left side. Close right beside left. Step left to left side

7-8 Cross rock right foot over left and replace weight on right

TRIPLE STEP, ROCK FORWARD AND BACK, LEFT SHUFFLE TURNING TO BACK, RIGHT SHUFFLE ½ TURN

1&2 Triple step right, left, right

3-4 Rock forward left and back on to right foot

5&6 Left shuffle back half turn (left, right, left to back)

7&8 Right shuffle forward to complete turn

ROCK FORWARD AND BACK. COASTER STEP. STEP PIVOT ¼ TURN. STOMP, STOMP

1-2 Rock forward on left, rock back on right

3&4 Coaster step, stepping back left, back right, forward left

5-6 Step forward right, pivot ¼ turn to left

7-8 Right stomp, stomp

REPEAT

Dedicated to my Dad Arthur Smith who loved to dance and who died on April 1st 2001.