

Sail Over Seven Seas (□□□□)

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Nina Chen , Taiwan (Apr 2014)

Music: Sail Over Seven Seas by Gina Tielman (aka Gina T.)

Start: 36 count intro

S1. SLIDE FORWARD DIAGONAL. SHUFFLE FORWARD. FORWARD RECOVER. TURN 1/2 TRIPLE.

1-2 Slide RF diagonally forward. Slide LF diagonally forward.

3&4 Shuffle forward (RLR).

5-6 Step LF forward. Recover onto RF.

7&8 Turn ½ L (6:00) in triple steps (LRL).

1-2 □□□□□□ □□□□□□ .

3&4 □□□□ (□□□).

5-6 □□□□ □□□□ .

7&8 □□□ ½ (6:00) □□□ (□□□).

S2. CROSS STEP POINT. JAZZ BOX.

1-2-3-4 Cross step RF over LF. Point LF to L. Cross step LF over RF. Point RF to R.

5-6-7-8 Cross step RF over LF. Step LF backward. Step RF to R of LF. Step LF forward.

1-2-3-4 □□□□□□□□ . □□□□ . □□□□□□□□ . □□□□ .

5-6-7-8 □□□□□□□□ , □□□□ , □□□□□□□□ , □□□□ .

S3. ROCK FORWARD RECOVER. BACKWARD SHUFFLE. ROCK BACKWARD RECOVER. TURN 1/2 TRIPLE.

1-2 Rock RF forward. Recover onto LF.

3&4 Shuffle backward (RLR).

5-6 Rock LF backward. Recover onto RF.

7&8 Turn ½ R (12:00) in triple steps (LRL).

1-2 □□□□ □□□□ .

3&4 □□□□ (□□□□).

5-6 □□□□ □□□□ .

7&8 □□□□ ½ (12:00) □□□□ (□□□□).

S4. COASTER STEP. SHUFFLE. ROCKING CHAIR.

1&2 Step RF backward, step LF beside RF, step RF forward

3&4 Shuffle forward (LRL).

5-6 Rock RF forward. Recover onto LF.

7-8 Turn ¼ R (3:00) while rock RF backward. Recover onto LF.

1&2 □□□□ , □□□□ , □□□□ .

3&4 □□□□ (□□□□).

5-6 □□□□ □□□□ .

7-8 □□□□ ¼ □□□□ □□□□ .

Restart: After S2 of the 5th wall (6:00), Restart from S1. Count this S1 as the start of the 6th wall.

□□□□ : □□□□ S2□□□□ (6:00), □□ S1□□□□□□□□ . □□ S1□□□□□□□□□□□□□□ .

Tags: 4 counts (Sway R. Sway L. Sway R. Sway L.), after the second wall (6:00), and also after the seventh wall (12:00).

□□ : □□□□□□□□ (6:00), □□□□□□□□□□ (12:00), □□□□□□□□ (□□□□ □□□□ □□□□ □□□□).

As the music will taper off and end after the first 4 counts of S3 of the 10th wall (12:00).

□□□□□□□□□□ S3□□ 4□□ (12:00)□□□□□□□□□□ .

Have Fun & Happy Dancing!

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