

# Sexy and Smooth

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**Count:** 32      **Wall:** 2      **Level:** Improver

**Choreographer:** Henry Costa (Dec 2016)

**Music:** MOVE by Luke Bryan

## KICK STEP, KICK, STEP, KICK, STEP KICK, OUT, OUT, ¼ CCW HIP TURN

- 1&2&** Kick forward Right, slightly forward Right, Kick forward Left, slightly step forward Left
- 3&4** Kick forward Right, slightly forward Right, Kick forward Left
- &5** Slightly step out Left, step out Right
- 6,7,8** Sway right hip to right, sway back counter clock wise to left, ¼ turn left placing weight on left

## KICK, KICK, TRIPLE STEP ½ TURN RIGHT, KICK, KICK, TRIPLE STEP ½ TURN LEFT

- 1-2** Kick right, Kick Right
- 3&4½ Turn right; Side Right, Left Next to Right, step forward Right**
- 5-6** Kick Left, Kick Left
- 7&8½ turn Left: Side left, right next to left, step forward Left**

## CROSS, BACK, SIDE, CROSS, SIDE, RECOVER, CROSS, SIDE, CROSS

- 1-2** Cross right in front of Left, back Left,
- 3-4** Side Right, cross Left in front of Right
- 5-6** Side Right, Recover Left
- 7&8** Cross Right in front of Left, side Left, Cross Right in front of Left

## ¼ LEFT, RECOVER BACK ON LEFT, LEFT COASTER STEP, (R KICK-BALL-CHANGE)x2

- 1-2¼ turn left, recover weight on Right**
- 3&4step back Left, Right next to Left, forward Left**
- 5&6** Right kick forward, Right step, ball change left (weight on Left)
- 7&8** Right kick forward, Right step, ball change left (weight on Left)

## BEGIN AGAIN