

Tomme Løfter (Empty Promises)

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Kim Liebsch (Dk) March 2013

Music: Tog det som en mand by Clemens (feat. Nastasia)

Intro: 16 counts from first beat in music (appr. 11 seconds)

Start with weight on L foot.

#1 section - Low kick, ¼ turn with low kick, step side, 2 X basic nightclub steps, step, ¼ turn R, cross

- 1-2-3** Low kick R fw., make ¼ turn R on L foot while kicking R fw., step R to R side 3:00
- 4 & 5** Close L behind R, cross R over L, step L to L side 3:00
- 6 & 7** Close R behind L, cross L over R, step R to R side 3:00
- 8 & 1** Step fw. on L, make ¼ turn R putting weight on R, cross L over R 6:00

#2 section - ½ turn, point, ½ turn, cross behind with sweep, 2 X sailor

- 2 & 3** Make ¼ turn L, stepping back on R, make ¼ turn L stepping L to L side, point R to R side 12:00
- 4 & 5** Make ¼ turn R, stepping fw on R, make ¼ R stepping L to L side, cross R behind L while sweeping L 6:00
- 6 & 7** Cross L behind R, step R to R side, step L to L side 6:00
- 8 & 1** Cross R behind L, step L to L side, step R to R side* ** 6:00

#3 section - Step, 1/2 turn, step, coaster step, Rhumba box

- 2 & 3** Step fw. on L, make ½ turn R, stepping fw. on R, step fw. on L 12:00
- 4 & 5** Step back on R, step L next to R, step fw. on R 12:00
- 6 & 7** Step L to L side, step R beside L, step fw. on L 12:00
- 8 & 1** Step R to R side, step L beside R, step back on R 12:00

#4 section - Back rock, ½ turn, 2 X side mambo, back rock

- 2 & 3** Rock back on L, recover on R, make ½ turn R stepping back on L 6:00
- 4 & 5** Rock R to R side, recover on L, step R next to L 6:00
- 6 & 7** Rock L to L side, recover on R, step L next to R 6:00

8 & Rock back on R, recover on L 6:00

2 Restarts: -

1´st restart on wall 2 after 16 counts*,

2´nd restart on wall 7 after 16 counts**

Good Luck & enjoy!

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=91840