

SHAMELESS

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Rita E. Antonsen

Music: Shame On Me by Rachel Proctor

- 1-2 Step right diagonally to the right, step left beside right
- 3-4 Twist both heels to the right, twist both heels to the left (center)
- 5-6 Step left to the left with $\frac{1}{4}$ turn left, point right toe to the right
- 7-8 Turning $\frac{1}{2}$ to the right(on ball of left), step right together, point left toe to the left

- 1&2 Left cross-shuffle to the right
- 3-4 Right rock-step to the right, shift weight to left
- 5&6 Right cross-shuffle to the left
- 7-8 Left step to the left, turning $\frac{1}{2}$ to the right, step right to the right

- 1-2 Step left forward, hold
- 3-4 Step right forward, pivot $\frac{1}{2}$ to the left (weight on right)
- 5&6 Coaster step (starting on left)
- 7-8 Step right forward, touch left beside right

- 1-2 Step back on left, point right toe back

3-4 $\frac{1}{2}$ turn to the right ending with weight on right, point left toe to the left

- 5&6 Left cross-shuffle to the right
- 7-8 Right rock-step to the right, turning $\frac{1}{4}$ to the right, shift weight to left

- 1&2 Right shuffle back
- 3-4 Left rock-step back, weight on right

- 5-6** Rock-step left to the left, weight on right
- 7&8** Left cross-shuffle to the right
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- 1-2** Sway right to the right, sway left to the left
- 3-4** Sway right to the right, sway left to the left
- 5&6** Right 1/1 turning-shuffle to the right (backwards, turning goes to the right, movement to the left ending up to the left of where you started turning)
- 7&8** Left chasse to the left
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- 1-2** Right rock-step back, weight on left
- 3-4** Step right forward, $\frac{1}{4}$ turn to the left
- 5-6** Touch right toe forward, step on right heel
- 7-8** Touch left toe forward, step on left heel
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- 1-2** Touch right toe beside left (45 degrees to the left), touch right heel forward (45 degrees to the right)
- 3&4** Right coaster step
- 5-6** Touch left toe beside right (45 degrees to the right), touch left heel forward (45 degrees to the left)
- 7&8** Left coaster step

REPEAT