

# SHE BANGS

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Sho Botham

**Music:** She Bangs by Ricky Martin

## SALSA HIP BUMPS, 3 WALKS AND KICK

- 1&2-3&4** Hip bumps right with lots of salsa style, hip bumps left
- 5-6-7** Three walks traveling towards right, walking right-left-right
- 8** Kick left forward facing  $\frac{1}{4}$  turn left

## CAMEL WALKS WITH OPTIONAL BODY BUMPS, STEP LEFT INTO OFF-BEAT CHA-CHA BASIC

- 9-12** Two camel walks forward (step left, tuck right under) with optional body bumps, shimmies or just lots of attitude - raise your arms, and have fun
- 13** Step left to right
- 14-15** Rock right forward across left, replace weight on left (end facing starting wall)
- 16&17** Cha-cha-cha movement or shuffle (right-left-right) traveling and turning  $\frac{1}{4}$  to right

**Counts 14-17 are an "off-beat" cha-cha basic**

## PIVOT $\frac{1}{4}$ TURN, SHUFFLE RIGHT ACROSS FRONT OF LEFT, SIDE ROCK, REPLACE

- 18-19** Step left, right making  $\frac{1}{4}$  pivot turn to right
- 20&21** Shuffle left-right-left across front of left traveling to right
- 22-23** Side rock right to right, replace weight on left (let hips go with the flow of movement)

## SAILOR SHUFFLES AND HITCH WITH CLAP

- 24&25-26&27** Two sailor shuffles with lots of hip action right-left-right, left-right-left
- 28&29-30&31** Two sailor shuffles with lots of hip action right-left-right, left-right-left
- 32** Hitch right, right foot beside left knee, (let hips go left if comfortable for you) and clap hands

## REPEAT