

SATISFY MY SOUL

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Yvonne Anderson

Music: Satisfy My Soul by Paul Carrack

Very short intro ("Satisfy my"). Start on the word Soul (approximately 2 seconds into track)

HIP SWAYS, FORWARD SAILOR WITH $\frac{1}{4}$ TURN LEFT, CROSS SHUFFLE, ROCK, $\frac{1}{4}$ TURN, FLICK

- 1-2** Step left to left and sway hips left, sway hips right and recover weight on right
- 3&4** Step left across right, & step right back making $\frac{1}{4}$ left, step left to left (9:00)
- 5&6** Step right across left, & step left to left, step right across left
- 7&8** Step left to left and sway hips left, sway hips right making $\frac{1}{4}$ left, flick left across right and snap fingers at shoulder height (6:00)

LEFT SHUFFLE, MAMBO $\frac{1}{2}$ TURN LEFT, FULL TURN, LEFT SHUFFLE

- 1&2** Shuffle forward on left, right, left
- 3&4** Step right forward, & pivot $\frac{1}{2}$ turn left (weight on left), step right beside left (12:00)
- 5-6** Make a full turn right stepping forward left, right (can be replaced with walk forward left, right)
- 7&8** Shuffle forward on left, right, left

KICK-CROSS- $\frac{1}{4}$ TURN TOUCH, STEP-KICK-& CROSS, CHASSE RIGHT, ROCK, RECOVER

- 1&2** Kick right forward & making $\frac{1}{4}$ right step right across left, touch left toe back (9:00)
- &3&4** Step down on left, & kick right forward, step right to right, &step left across right
- 5&6** Step right to right, & step left beside right, step right to right
- 7-8** Rock left forward, recover weight on right

BACK-LOCK-BACK, ROCK, RECOVER, RONDE $\frac{1}{2}$ TURN, ROCK & CROSS

- 1&2** Step left back, & lock step right across left, step left back
- 3-4** Rock right back and look over right shoulder, recover weight on left
- 5-6** Making $\frac{1}{2}$ turn left sweep right out and round, touch right beside left (3:00)
- 7&8** Rock right to right, & recover weight on left, step right across left

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37213