

Tear Up The Tender

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Count: 64 **Wall:** 2 **Level:** Improver

Choreographer: Jennifer - Jou Show Jen ,Taiwan (May 2013)

Music: Shred Gentle by Cai Xiaohu

Sequence: AA/Tag/B/AA/B/Ending

Intro:32 counts

A:64 counts

SKATE HOLD LSKATE HOLD SWAY RECOVER TOGETHER

1 2 3 4 Skate forward on right, hold, skate forward on left, hold

5 6 7 8 Step/sway right to right side , recover left, step right together, hold

SKATE HOLD SKATE HOLD SWAY RECOVER TOGETHER

1 2 3 4skate forward on left, hold, Skate forward on right, hold,

5 6 7 8step/sway left to left side , recover onto right, step left together, hold

FORWARD RECOVER BACK HOLD BACK BACK 1/4TURN LEFT SIDE HOLD

1 2 3 4 Rock forward on right , recover onto left, step back on right, hold

5 6 7 8 Step back on left, Step back on right,(turn 1/4 Left) step left on left side, hold 9:00

CROSS SIDE BEHIND SWEEP BEHIND SIDE CROSS SWEEP

1 2 3 4 Cross right over left , step left to left, cross right behind left, sweeping left from front to back

5 6 7 8 Cross left behind right, right to right, cross left over right, sweeping right from back to front 9:00

1/4 TURN RIGHT CROSS SIDE CROSS HOLD 1/4 TURN RIGHT FORWARD LOCK STEP TOUCH

1 2 3 4(turn 1/4 right) Cross right over left, left to Left, Cross right over left, hold 12:00

5 6 7 8(turn 1/4 right) step left forward, lock right behind left, step left forward, touch right beside left 3:00

SIDE TOGETHER BACK TOUCH SIDE TOGETHER BACK HOLD

1 2 3 4 step right to right, left next to right, step right back, touch left beside right

5 6 7 8 left to left side, right next to left, step left back, hold 3:00

BACK RECOVER FORWARD HOLD LEFT LUNGE RECOVER BACK HOLD

1 2 3 4 Rock back on right, recover onto left, step right forward, hold

5 6 7 8 left to left side(lunge), Recover onto right, step left back, hold 3:00

BACK RECOVER FORWARD 3/4 TURN LEFT SIDE TOGETHER SIDE HOLD

1 2 3 4 Rock back on right, recover onto left, step right forward, while 3/4 turn left(Weight on Right) 6:00

5 6 7 8 step to left side, right next to left, left to left, hold 6:00

B: 32 counts

SIDE TOGETHER SIDE 1/2 TURN RIGHT TOUCH SIDE TOGETHER SIDE DRAG

1 2 3 4 step right to right side, left next to right, right to right side(while 1/2 turn right, weight on RF), touch left beside right 6:00

5 6 7 8 step left to left, right next to left, left to left side, dragging right in 6:00

CROSS RECOVER SIDE DRAG CROSS RECOVER SIDE DRAG

1 2 3 4 Cross right over left, Recover onto left, step right to right side, Drag left in

5 6 7 8 Cross left over right, Recover onto right, step left to left side, Drag right in 6:00

SIDE TOGETHER SIDE 1/2 TURN RIGHT TOUCH SIDE TOGETHER SIDE DRAG

1 2 3 4 step right to right side, left next to right, right to right side(while 1/2 turn right, weight on RF), touch left beside right 12:00

5 6 7 8 step left to left, right next to left, left to left side, dragging right in 12:00

BEHIND RECOVER SIDE DRAG BEHIND RECOVER SIDE DRAG

1 2 3 4 Cross right behind left , Recover onto left, step right to right side, ,Drag left in

5 6 7 8 Cross left behind right , Recover onto right, left to left side, Drag RF in 12:00

TAG:4 count

SWAY HOLD SWAY HOLD

1 2 3 4 Sway right to right, hold, Sway left to left, hold

Ending:16 count

SWAY HOLD SWAY HOLD RIGHT ROLLING VINE DRAG

1 2 3 4 Sway right to right, hold, Sway left to left, hold.

5 6 7 8($\frac{1}{4}$ turn right) step right in place, ($\frac{1}{2}$ turn right) step left back, ($\frac{1}{4}$ turn right) step right to right, Drag left in

SWAY HOLD SWAYHOLD LEFT ROLLING VINE DRAG

1 2 3 4 Sway left to left, hold ,Sway right to right, hold.

5 6 7 8($\frac{1}{4}$ turn left) step left in place,($\frac{1}{2}$ turn left) step right back, ($\frac{1}{4}$ turn left)step left to left ,Drag right in

Ending Pose!

Contact: nina5058@gmail.com