

# Walk Don't Run

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**Count:** 64      **Wall:** 4      **Level:** Phrased Intermediate

**Choreographer:** Hiroko Carlsson (Grafton, Australia) Sept 2016

**Music:** The Ventures - Walk Don't Run. - iTunes.

**(Intro: 16 counts)**

**PART A: 32 counts**

**[AS1] V-Step (out-out, in-in), Shuffle Fwd, Paddle Turn**

- 1 2      Diagonal right forward, left forward
- 3 4      Step R back, step L back next to right
- 5&6      Shuffle Forward R-L-R
- 7-8      Step L fwd, turn 1/4R (3:00)

**[AS2] Cross Shuffle, Side, 1/2L, Box Step Fwd,**

- 1&2      Cross L over R, step R side, step across L over R
- 3 4      Step R side, turn 1/2L step side on left
- 5 6 7 8      Cross R over L, L back, R step side, L step fwd (9:00)

**[AS3] 2x Paddle Turn, Stomp, Hold, Heel Twists (R, 1/4L w/Hook R)**

- 1 2 3 4      Step R fwd, turn L1/4, step R fwd, turn 1/4L
- 5-6      Fwd R stomp, hold
- 7-8      Twist right both heels, twist left both heels and turn 1/4R w/hook right (6:00)

**[AS4] Side, Hold, Tap-tap, 1/4 Back, Cross, Hold, Side, Touch Behind**

- 1-2 3 4      Step R side, hold, tap left toe twice next R

**&5-6 1/4R Step left back, R cross over L, hold**

- 7 8      Step L to side, touch R behind L (9:00)

**PART B : 32 counts**

**[BS1] R Rumba Box (fwd and back), Switch, L Rumba Box (back and fwd), Switch**

- 1 2 3 4      Step side on R, step together on L, step fwd on R, pull L toward R
- 5 6 7 8      Step side on L, step together on R, step back on L, pull R toward L and switch weight on R

**(Optional)**

**5 6 7 8** Step side on L, 1/4R step side on right (3:00), 1/4R step on left in place (6:00), 1/2R step on R in place (12:00)

**[BS2] L Rumba Box (back and fwd), Switch, R Rumba Box (fwd and back), Switch**

**1 2 3 4** Step side on L, step together on R, step back on L, pull R toward L

**5 6 7 8** Step side on R, step together on L, step fwd on R, pull L toward R and switch weight on L

**(Optional)**

**5 6 7 8** Step side on R, 1/4R step side on left (3:00), 1/4R step on right in place (6:00), 1/2R step on L in place (12:00)

**[BS3] Side Rock, Recover Behind, Side Rock, Recover Behind, Rock Back**

**1 2 3R** side rock, recover on L, step R behind L

**4 5 6L** side rock, recover on R, step L behind R

**7-8** Step R back, recover weight on L

**[BS4] Fwd Rock, Together, Back Rock, Together, 2x Clap**

**1 2 3R** fwd rock, recover on L, step together R next to L

**4 5 6L** back rock, recover on R, step together L next to R

**7 8** Clap, clap

**Sequence A, A, B, A, B, A, A, B, A**

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**Last Update - 17th Sept 2016**