

# Your Breath

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**Count:** 32                      **Wall:** 2                      **Level:** Intermediate

**Choreographer:** Christiane FAVILLIER -15.10.2015 - (France)

**Music:** "Do not Hold Your Breath" by Nicole Scherzinger- Single

## **Music Intro: 16 counts**

**(SPANISH EVENTS 2015 - Lloret del Mar)**

**[1-8] - WALK (TWICE) - ¼ TURN WITH KICK BALL POINT - CLOSED & CROSS WITH UNWIND HOOK - TRIPLE STEP**

- 1 2**            Walk R & L
- 3 & 4**            Kick leg forward, pivot from one quarter to turn right (3:00), point left to left
- & 5 6**            Bring left next to right, cross right over left and unwind over a full turn left, eventually a crossover of L leg over right
- 7 & 8**            Step forward left, step right behind left, move left

**[9-16] - HALF RUMBA BOX, COASTER CROSS, UNWIND R & HOOK R -R TRIPLE STEP**

- 1 & 2**            Right step side on right side, closed L feet with right feet, back step with R
- 3 & 4**            Back L, R step closed with L, LF cross over LR
- 5 6**            Point from front to rear left toe and place over a full turn right, end with a crossed leg over R left

**\*2 Restarts: 1 after 14 times of the 3rd wall (you are at 6:00) before replacing the full turn by turn ¼ and R point & L point forward (instead of triple step diagonally, which will 7 & 8 &) and 2 ° under the same conditions after 14 counts of 5th wall - the same variation - thank you -**

- 7 & 8**            Step right forward, step left behind right, advancing RF

**[17-24] - ROCK STEP L (DIAGONALY) - RUNNING BACK - CLOSED & PIVOT TURN - KICK & POINT FORWARD**

- 1 2**            Step left front (with weight) and recover to right (front right diagonal)
- 3 & 4**            Step back left, right, left and back to front on the 6:00
- & 5 6** **step right next to left, forward and left to rotate 1/2 turn right (12:00)**

**7 & 8** Kick leg left forward, step left next to right, point right before \*\* (small bottom hook PD before crossing right over left)

**[25-32] - CROSS & SIDE STEP - CROSS SHUFFLE ON A BALL - THE ROCK STEP - ½ TURN SAILOR STEP - The STEP FORWARD**

**1 2** Cross right over left, step left to left

**3 & 4** Cross right over left, step left to left, cross right over left (this movement is done on the ball of right)

**5 6** Step left front (with weight) (diagonally before G) and recover on right

**7 & 8** Cross left behind right, rotate the half turn left (6:00), step right to side, forward LF

**#2 TAGS of 4 counts: 4 sways (end of the first wall at 6:00) and (late 9th wall at 6:00)**

**1234** Sway R, L, R, L (weight on left)

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