

TriumF!

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Count: 64 **Wall:** 2 **Level:** Intermediate - Pop/Funky

Choreographer: Jannie Tofte Andersen & Kirsten Matthiessen (DK) Aug 2013

Music: 'TriumF' by Outlandish ft. Providers. (iTunes)

Intro: 32 count intro - on first main beat (app. 18 sec. into track) -

Option: start the dance with the last sailor step on 8& side step 1.

2 Restarts: 1st on wall 2 after 32 counts facing 12:00. 2nd on wall 5 after 32 counts facing 06:00.

[1-8] Side rock, Ball side rock, Ball rocking Chair, Walk x2

- 1-2 Rock L to L side, recover onto R 12:00
- &3-4 Step L next to R, rock R to R side, recover onto L 12:00
- &5&6& Step R next to L, rock L fw, recover onto R, rock L back, recover onto R 12:00
- 7-8 Walk fw L R 12:00

[9-16] Rock step, Ball cross, ¼ R, Side switches, Step slide collect

- 1-2 Rock L fw, recover onto R 12:00
- &3&4 Step L next to R, cross R over L, turn ¼ R stepping L back 03:00
- 5&6& Point R to R side, step R next to L, point L to L side, step L next to R 03:00
- 7-8 Big step to R side, slide L next to R stepping down on L 03:00

[17-24] Bounce back x2, Coaster step, Walk x2

- 1&2 Step R back bending R knee, and popping L knee fw, straighten legs, repeat bend/pop 03:00
- 3&4 Step L back bending L knee, and popping R knee fw, straighten legs, repeat bend/pop 03:00
- 5&6 Step R back, step L next to R, step R fw 03:00
- 7-8 Walk L, walk R 03:00

[25-32] Step ¼ R, Cross point, Slow sailor step, Sailor Step

- 1-2 Step L fw, turn ¼ R stepping onto R 06:00
- 3-4 Cross L over R, point R to R side 06:00
- 5-7 Cross R behind L, step L to L side, step R to R side 06:00

8&1 Cross L behind R, step R to R side, step L to L side (count 1 is the first step of a jazz box)

Restart here! The last step of your sailor step is the first step of your side rock 06:00

[33-40] Jazz box $\frac{1}{4}$ R, Cross rock, $\frac{1}{4}$ L, $\frac{1}{2}$ L

2-3 Cross R over L, turn $\frac{1}{4}$ stepping L back 09:00

4 Step R to R side 09:00

5-6 Cross L over R, recover onto R 09:00

7-8 Turn $\frac{1}{4}$ L stepping L fw, turn $\frac{1}{2}$ L stepping R back 12:00

[41-48] $\frac{1}{4}$ L slide, Ball cross shuffle, $\frac{1}{4}$ L, $\frac{1}{2}$ L, Shuffle fw

1-2 Turn $\frac{1}{4}$ L stepping L to L side, slide R towards L 09:00

&3&4 Step R next to L, cross L over R, step R slightly to R side, cross L over R 09:00

5-6 Turn $\frac{1}{4}$ L stepping R back, turn $\frac{1}{2}$ L stepping L fw 12:00

7&8 Step R fw, step L next to R, step R fw 12:00

[49-56] Kick and back rock, Walk x2, Repeat

1&2& Kick L fw, step down on L, rock R back, recover onto L 12:00

3-4 Walk fw R L 12:00

5&6& Kick R fw, step down on R, rock L back, recover onto R 12:00

7-8 Walk fw L R 12:00

[57-64] Step $\frac{1}{4}$ R, Cross, $\frac{1}{4}$ L, $\frac{1}{2}$ L, Side Switches, Sailor step

1-3 Step L fw, turn $\frac{1}{4}$ R stepping onto R, cross L over R 03:00

4-5 Turn $\frac{1}{4}$ L, stepping R back, turn $\frac{1}{2}$ L stepping L fw 06:00

6&7 Point R to R side, Step R next to L, point L to L side 06:00

8&1 Cross L behind R, step R to R side, step L to L side (count 1 is the beginning of the dance)
06:00

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