

# ROLLERCOASTER

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**Count:** 64

**Wall:** 2

**Level:** intermediate

**Choreographer:** Bill Larson , Sue Butcher, Cilla Smith, Jeanette Beattie, Sue Shipman, Rita Burgess, Gaye Harris & Cheryl Forster

**Music:** Life Is A Rollercoaster by Ronan Keating

## CROSS ROCK, TOUCH UNWIND, STEP HOLD, STEP RIGHT-LEFT (TURN TURN)

- 1-4** Step right across in front of left, rock back onto left, step right behind left, unwind  $\frac{3}{4}$  turn right (9:00)
- 5-8** Step forward onto left foot, hold, step forward right-left completing a full turn right

## STEP HOLD, ROCK HOLD, STEP TURN STEP, STEP HOLD

- 1-2** Stepping forward at 45' right onto right foot sway/rock hips forward, hold
- 3-4** Rocking back onto left foot sway/rock hips back, hold
- 5&6** Step forward onto ball of right foot, rock back onto left foot with  $\frac{1}{2}$  turn right, step forward on right
- 7-8** Step forward onto left, hold (facing 3:00)

## ROLLERCOASTER $\frac{1}{4}$ TURN, ROLLERCOASTER $\frac{1}{2}$ TURN

- 1** Step forward on right foot at 45' right pushing hips forward
- &** Roll/swing hips counter to the right, while turning  $\frac{1}{4}$  turn left on both feet (weight forward over left foot)
- 2** Continuing the roll of hips counter to the right return weight back onto the right foot (facing 12)
- 3&4** Step back onto left foot, step right beside left, step left foot forward (coaster)
- 5** Step forward on right foot in front of the left foot
- &** Roll/swing hips forward then counter to the right, while turning  $\frac{1}{2}$  turn left on both feet
- 6** Continuing the roll of hips counter to the right return weight back onto the right foot (facing 6:00)
- 7&8** Step back onto left foot, step right beside left, step left foot forward (coaster)

## STEP ROCK BEHIND SIDE, SIDE BEHIND MONTEREY TURN

- 1-4** Step right to side, rock onto left, step right behind left, step left to side

- 5-6 Step right to side, step left behind right
- 7&8 Touch right to side, turn  $\frac{1}{2}$  turn right on left foot hitching right foot (facing 12:00)

- 1-4 Step right foot forward at 45' right bump right hip forward twice, bump hips back twice
- 5-8 Bump hips forward, back, forward, step forward onto left

### **OUT, OUT, TURN, COASTER STEP, FORWARD ROCK, TURN, TURN**

- &1 Jump forward right to side, left to side (feet slightly apart)
- 2 Bending at the knees, dip down and up as you turn on both feet  $\frac{1}{4}$  left, (weight finishes on right)
- 3&4 Step back onto left, step right beside left, step forward onto left (coaster step)
- 5-6 Step forward onto right, rock back onto left
- &7-8 Turning half turn right step forward on right, turning half turn right, step back on left

### **TURN, STEP, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE**

- 1-4 Turning  $\frac{3}{4}$  turn right step onto right, step left to left side, cross shuffle to left side (right-left-right)
- 5-8 Step left to side, rock onto right, cross shuffle to right (left-right-left)

### **TURN, TOGETHER, TURN, HEEL, TURN, TOGETHER, TURN, SCUFF**

- 1-2 Step right foot to right side with  $\frac{1}{4}$  turn right, step left beside right
- 3-4 Step right foot to right side with  $\frac{1}{4}$  turn right, tap left heel at 45' left (completing  $\frac{1}{2}$  turn right)
- 5-6 Step left foot to left side with  $\frac{1}{4}$  turn left, step right beside left
- 7-8 Step left foot to left side with  $\frac{1}{2}$  turn left, scuff left heel forward (completing  $\frac{1}{2}$  turn left)

### **REPEAT**

### **RESTART**

**On the 5th wall, dance counts 1-40, then restart from the beginning of the dance**

### **FINISH**

**Dance the last wall out to count 48 replacing the second half turn right with a  $\frac{1}{4}$  turn right to complete a  $\frac{3}{4}$  turn right in total to face the front wall.**

