

# Wrap My Heart Up For Christmas

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Betty Lee ( Canada ) Nov 2016

**Music:** How Do I Wrap My Heart Up For Christmas by Randy Travis

**Start at lyric : "how"**

## **SECTION 1: CROSS ROCK, SIDE SHUFFLE, CROSS ¼ L BACK, COSATER**

- 1,2            Cross step R over L, Recover onto L
- 3&4           Step R to side, Step L next to R, Step R to side
- 5,6            Cross step L over R, ¼ turn L step back on R
- 7&8           Step back L, Step R next to L, Step forward L

## **SECTION 2: WALK X 2, FORWARD MAMBO, BACK MAMBO, STEP LOCK STEP**

- 1,2            Step R forward, Step L forward
- 3&4           Rock step R fwd, Recover on L, Step back R slightly
- 5&6           Rock back on L, Recover on R, Step forward L slightly
- 7&8           Step R fwd, Lock step L behind R, Step R fwd

## **SECTION 3: L SIDE ROCK, BEHIND SIDE CROSS, R SIDE ROCK, BEHIND SIDE CROSS**

- 1,2            Rock step L to L, Recover on R
- 3&4           Step L behind R, Step R to R, Cross L over R
- 5,6            Rock step R to R, Recover on L
- 7&8           Step R behind L, Step L to L, Cross R over L

## **SECTION 4: SIDE ROCK ¼ R, PIVOT ¼ R, CROSS ROCK, SIDE SHUFFLE**

- 1,2            Rock step L to L, ¼ R recover onto R
- 3,4            Step L fwd, pivot ¼ R turn
- 5,6            Cross L over R, Recover on R
- 7&8           Step L to side, Step together R, Step L to side

**REPEAT**

**BRIDGE: 2 counts**

**during W2 after 16 counts, facing 12:00;**

**during W5 after 16 counts, facing 3:00**

**1,2**      Rock step L forward, Recover onto R

**Then continue with section 3 and section 4**

**RESTART: During W4 after 16 counts, step on L (&), restart facing 6:00**

**ENDING: Wall 7, facing 12:00, dance up to back mambo of section 2, ¼ turn R shuffle forward**

**Merry Christmas! Let's don't forget the True meaning of Christmas.**

**Thanks to Sherri for suggesting me how to handle the 2 extra counts on W2 &W5**

**Last Update - 15th Dec 2016**