

SOPHISTICATED HULA

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Count: 64

Wall: 4

Level: beginner/intermediate

Choreographer: John H. Robinson & Doug & Jackie Miranda

Music: Sophisticated Hula by Na Leo Pilimehana

START WITH HANDS ON HIPS: TRIPLES FORWARD (RIGHT THEN LEFT), CHASE TURN LEFT, WIGGLE DOWN & UP

Styling: place hands on hips for this first section

1-4(QQS) Right step forward, left step forward in 3rd position, step right forward, hold

5-8(QQS) Left step forward, right step forward in 3rd position, step left forward, hold

1-4(QQS) Right step forward, pivot $\frac{1}{2}$ left (to 6:00) shifting weight to left, right step next to left, hold

5-8(QQQQ) Bend knees & bump hips right, bend knees a little more bumping hips left, straighten knees a bit bumping hips right, straighten knees completely bumping hips left (weight on left)

SIDE TRIPLES WITH HULA HANDS, SLOW $\frac{1}{4}$ PIVOT LEFT, $\frac{1}{2}$ PADDLE TURN

Styling: do hula hands to the right on the first 4 counts, & to the left on the second 4 counts

1-4(QQS) Right step side right, left step next to right, right step side right, hold

5-8(QQS) Left step side left, right step next to left, left step side left, hold

1-4(SS) Right step forward, hold, pivot $\frac{1}{4}$ left (to 3:00) shifting weight to left, hold

Styling: push hands up in the air over your head & slightly off to the right as you paddle

5-8(SS) Paddle a half pivot $\frac{1}{4}$ left (to 12:00) raising right slightly off floor, touch right side right, pivot $\frac{1}{4}$ left (to 9:00) raising right slightly off floor, touch right side right

CROSS, HOLD, SIDE, HOLD, CROSS, HOLD, SIDE, HOLD, CHARLESTON

Styling: swing arms out to right side on the cross steps, swing arms across body to left on the side steps

1-4(SS) Right step across left, hold, left step side left, hold

5-8(SS) Right step across left, hold, left step side left, hold

Angle body diagonally left for the next 8 counts

1-4(SS) With body angled diagonally left (to 7:30) right sweep/touch forward, hold, right sweep back/step back, hold

5-8(SS) Left sweep/touch back, hold, left sweep forward/step forward, hold

CHASE TURN LEFT, RUN FORWARD, SLOW JAZZ BOX SQUARING UP TO NEW WALL

Maintain diagonal on first 8 counts

1-4(QQS) Right step forward to left diagonal, $\frac{1}{2}$ pivot left (to 1:30) shifting weight to left, right step forward to left diagonal, hold

5-8(QQS) Run forward picking feet up high (like goose-stepping) left, right, left, hold

1-4(SS) Right step across left, hold, left step back turning $\frac{1}{8}$ right (to 3:00) squaring up to new wall, hold

5-8(SS) Right step side right, hold, left step next to right placing hands on hips, hold

REPEAT

FUN ENDING

At end of song, you'll be facing the 9:00 wall. Do the first 16 counts (first two sets of 8), then hula hands to right side (towards 12:00) as music finishes