

Super Girls

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Ross Brown (UK) Oct 2014

Music: Super Girls on Super Girls by Mara feat. Michelle Guty and Beto Perez - 125 bpm

Intro: 36 counts

S1: SIDE, HEEL SWIVELS or APPLEJACKS. BALL, CROSS. TAP, SIDE PRESS. BEHIND, SIDE, CROSS.

- 1 & 2 & 3** Step right to the right, swivel left heel in, swivel left heel back, swivel right heel in, swivel right heel back.
- & 4** Step left next to right, cross step right over left.
- & 5 - 6** Tap left toe to the left (shoulder width apart), press left to the left, recover onto right.
- 7 & 8** Cross step left behind right, step right to the right, cross step left over right. (12 o'clock)

Alternative: Counts 1 & 2 & 3 can be replaced with APPLEJACKS.

S2: TAP, SIDE PRESS. BEHIND, SIDE, STEP. HEEL SWIVEL. WALK BACK with KNEE POPS.

- & 1 - 2** Tap right toe to the right (shoulder width apart), press right to the right, recover onto left.
- 3 & 4** Cross step right behind left, step left to the left, step forward with right.
- & 5 - 6** Swivel both heels to the right, swivel both heels back, walk back with right popping left knee forward.
- 7 - 8** Walk back with left popping right knee forward, walk back with right popping left knee forward. (12 o'clock)

S3: BALL, SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES. SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES.

- & 1 - 2** Step left next to right, make a ¼ turn left stepping right to the right, drag left up to right.
- & 3 & 4** In a bumping fashion; lift left hip up, lower left hip, lift left hip up, lower left hip.
- 5 - 6** Make a ¼ turn left stepping left to the left, drag right up to left.
- & 7 & 8** In a bumping fashion; lift right hip up, lower right hip, lift right hip up, lower right hip. (6 o'clock)

Alternative: Counts & 3 & 4 and & 7 & 8 can be replaced by pushing both knees forward twice.

S4: SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES. BALL, STEP. STEP, PIVOT ½ TURN R, BACK ½ TURN R.

- 1 - 2** Step left next to right, make a ¼ turn left stepping right to the right, drag left up to right.
- & 3 & 4** In a bumping fashion; lift left hip up, lower left hip, lift left hip up, lower left hip. (See above "Alternative")
- & 5** Step left next to right, step forward with right.
- 6 - 7 - 8** Step forward with left, pivot a ½ turn right, make a ½ turn right stepping back with left. (3 o'clock)

S5: SIDE ¼ TURN R. WEAVE RIGHT. SIDE TOUCH, FLICK ¼ TURN L, STEP. LOCK, OUT, OUT.

- 1 - 2** Make a ¼ turn right stepping right to the right, cross step left over right.
- & 3 & 4** Step right to the right, cross step left behind right, step right to the right, cross step left over right. (*R*)
- & 5 - 6** Touch right toe to the right, make a ¼ turn left flicking right foot back, step forward with right.
- 7 & 8** Lock left foot behind right, step forward and out with right, step forward and out with left. (3 o'clock)

S6: "AROUND THE WORLD": (GRADUAL ¾ TURN R) CROSS, SIDE, BEHIND. BEHIND, SIDE, CROSS. X2.

- 1 & 2** Cross step right over left, step left to the left, cross step right behind left.
- 3 & 4** Make a ¼ turn right stepping left behind right, step right to the right, cross step left over right.
- 5 & 6** Make a ¼ turn right stepping right over left, step left to the left, cross step right behind left.
- 7 & 8** Make a ¼ turn right stepping left behind right, step right to the right, cross step left over right. (12 o'clock)

S7: DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP. BALL, DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP.

- 1 - 2** Step right foot forward to right diagonal (1:30), drag left up to right.
- 3 - 4** Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.
- & 5 - 6** Step left next to right, step right foot forward to right diagonal (10:30), drag left up to right.
- 7 - 8** Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward. (7:30)

S8: BALL, DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP. BALL, JAZZ BOX with CROSS.

- & 1 - 2** Step left next to right, step right foot forward to right diagonal (7:30), drag left up to right.
- 3 - 4** Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.
- & 5 - 6 - 7 - 8** Step left next to right, cross step right over left, step back with left, step right to the right, cross step left over right. (6 o'clock)

Restart On Wall 5, Restart the dance after 36 Counts (*R*) facing BACK WALL.

*** No Restart needed if dancing to "All About That Bass".**