

# UNDERSTANDING MAMBO

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**Count:** 32

**Wall:** 2

**Level:** intermediate

**Choreographer:** Susanne Mose Nielsen

**Music:** Peace, Understanding And Love by Tamra Rosanes

## THE INTRO

**8 counts intro in the music. Then dance "the intro" once, and start the dance**

### RIGHT MAMBO FORWARD - LEFT MAMBO BACK - SIDE ROCK CROSS - SIDE, TOUCH

- 1&2** Step forward on right, recover weight on left, step right next to left
- 3&4** Step back on left, recover weight on right, step left next to right
- 5&6** Step right to right, recover weight to left, cross right over left
- 7-8** Step left to left, touch right next to left

### RIGHT CHASSE - BACK ROCK - LEFT CHASSE, BACK ROCK, SWAY RIGHT, LEFT

- 9&10** Step right to right side, step left next to right, step right to right side
- 11-12** Step back on left, recover weight on right
- 13&14** Step left to left side, step right next to left, step left to left side
- 15-16** Step back on right, recover weight on left
- 17-18** Step right to right and sway right hip to the right, recover weight on left and sway left hip to left

## THE DANCE

### RIGHT MAMBO FORWARD - LEFT MAMBO BACK - SIDE ROCK CROSS - SIDE, TOUCH

- 1&2** Step forward on right, recover weight on left, step right next to left
- 3&4** Step back on left, recover weight on right, step left next to right
- 5&6** Step right to right, recover weight to left, cross right over left
- 7-8** Step left to left, touch right next to left

### ¼ RIGHT SHUFFLE - FULL TURN RIGHT - LEFT MAMBO FORWARD - RIGHT MAMBO BACK

- 9&10** Step right into ¼ turn right, step left next to right, step right forward (3:00)

**11-12(Moving forward) turn ½ turn right stepping back on left, turn ½ turn right stepping forward on right**

**13&14** Step forward on left, recover weight on right, step left next to right

**15&16** Step back on right, recover weight on left, step right next to left

**SWAY LEFT, RIGHT- LEFT SAILOR STEP - UNWIND ¾ RIGHT - LEFT SHUFFLE FORWARD**

**17-18** Step left to left and sway left hip to the left, recover weight onto right and sway right hip to the right

**19&20** Step left behind right, step right to the right, step left slightly diagonal left forward

**21-22** Touch right behind left, on ball of feet unwind ¾ ends up with weight on right (12:00)

**Restart from here during 4th wall**

**23&24** Step left forward, step right next to left, step forward on left

**RIGHT MAMBO FORWARD - WALK BACK LEFT, RIGHT - LEFT MAMBO BACK - LEFT PIVOT TURN**

**25&26** Step forward on right, recover weight on left, step right next to left

**27-28** Walk back left, walk back right

**29&30** Step back on left, recover weight on right, step left next to right

**31-32** Step forward on right, pivot ½ turn left (6:00)

**REPEAT**

**TAG**

**After 2nd wall and after 4th wall**

**1-4** Sway right, sway left

**RESTART**

**During 5th wall in 3rd section**

**1-4** Sway left, right

**5&6** Left sailor step

**7-8** Walk ¾ right on right and left