

WILD WOMEN DO

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Count: 64

Wall: 4

Level: intermediate

Choreographer: Katie Adams

Music: Wild Women Do by Natalie Cole

This dance was choreographed for Breast Cancer Awareness Month

SIDE ROCK RECOVER, SIDE ROCK RECOVER, POINT & POINT, TWIST TWIST HITCH

- 1-2&** Step right to right side, rock back on left, recover onto right
- 3-4&** Step left to left side, rock back on right, recover onto left
- 5&6** Point right toe to right side, step right beside left, point left toe forward
- 7&8** Twist left heel to left, twist left heel to center, hitch left knee

COASTER STEP, BUMP BUMP BUMP, COASTER STEP, ¼ ROCK AND CROSS

- 1&2** Step back on left, step right beside left, step left forward
- 3&4** Step right forward bumping hips forward, bump hips back left, bump hips forward right
- 5&6** Step left back, step right beside left, step forward left

7&8¼ turn left rocking right to right side, recover onto left, cross right over left

SIDE TOGETHER, SIDE TOGETHER SIDE, ROCK AND CROSS, ROCK AND CROSS

- 1-2** Step left to left side, step right beside left
- 3&4** Step left to left side, step right beside left, step left to left side
- 5&6** Rock right over left, recover onto left, step right to right side
- 7&8** Rock left over right, recover onto right, step left to left side

ROCK RECOVER, TRIPLE 1 ½ TURN, ROCK RECOVER, ¼ ROCK AND CROSS

- 1-2** Rock forward on right, recover on left

3&4½ turn over right shoulder stepping onto right, ½ turn over right shoulder stepping onto left, ½ turn over right shoulder stepping onto right

- 5-6** Rock forward onto left, recover onto right

7&8¼ turn left rocking left to left side, recover onto right, cross left over right

SIDE BEHIND, AND ¼ HEEL AND STEP, WALK WALK, STEP ½ TURN STEP

- 1-2&** Step right to right side, step left behind right, $\frac{1}{4}$ left stepping back on right
- 3&4** Dig left heel forward, step left beside right, step forward right
- 5-6** Walk forward left, walk forward right
- 7&8** Step forward left, $\frac{1}{2}$ turn over right shoulder taking weight onto right, step forward left

WALK WALK, ROCK AND CROSS, ROCK AND CROSS, STEP TURN STEP

- 1-2** Walk forward right, walk forward left
- 3&4** Rock right to right side and slightly forward, recover onto left, cross right over left
- 5&6** Rock left to left side and slightly forward, recover onto right, cross left over right
- 7&8** Step forward right, $\frac{1}{2}$ turn over left shoulder taking weight onto left, step forward right

SIDE BEHIND, AND HEEL AND CROSS, SIDE BEHIND, AND HEEL AND STEP

- 1-2&** Step left to left side, step right behind left, step left to left side
- 3&4** Dig right heel forward, step right beside left, cross left over right
- 5-6&** Step right to right side, step left behind right, step right to right side
- 7&8** Dig left heel forward, step left beside right, step forward right

WALK WALK, MAMBO FORWARD, MAMBO BACK, MAMBO SIDE

- 1-2** Walk forward left, walk forward right
- 3&4** Rock forward on left, recover onto right, step left beside right
- 5&6** Rock back on right, recover onto left, step right beside left
- 7&8** Rock left to left side recover on right, step left beside right

REPEAT