

STRENGTH OF A WOMAN

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Count: 52

Wall: 2

Level: intermediate

Choreographer: Diana Bishop

Music: Strength Of A Woman (Groove Brothers Radio Edit No 3) by Philip Claypool

1-2-3&4 Walk forward right-left, shuffle to right on right-left-right

5-6-7&8 Walk forward left-right, shuffle to left on left-right-left

1-2-3-4 Rock forward onto right, rock back onto left, rock back onto right, rock forward onto left

1-2-3&4 Step right forward, pivot $\frac{1}{4}$ to left on balls of right-left, turn $\frac{3}{4}$ to right on right-left-right

1-2-3-4 Rock forward onto left, rock back onto right, rock back onto left, rock forward onto right

1-2-3&4 Step left forward, pivot $\frac{1}{4}$ to right on balls of left-right, turn $\frac{3}{4}$ to left on left-right-left

1-2-3-4 Rock to right onto right, rock to left onto left, cross right toe over left & tap right heel 2 times

1-2-3-4 Rock to left onto left, rock to right onto right, cross left toe over right & tap left heel 2 times

&1-2&3-4 Jump back on right foot while left foot goes forward, bring right next to left

&1-2&3-4 Jump back on left foot while right foot goes forward, bring left next to right

1-2-3-4 Step right forward 2 hip bumps to right, pivot $\frac{1}{4}$ to left on ball of right & left in place, then do 2 hip bumps to left

1-2-3-4 Right heel touch in front, right toe touch in front of left, pivot $\frac{1}{4}$ to left on balls of right & left, bounce o heels 2 times

1-2-3&4 Jump forward right-left feet together, clap hands, jump feet forward right-left feet together & clap hands 2 times

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=40872