

You're My Addiction

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Count: 32

Wall: 2

Level: Improver / Intermediate

Choreographer: Elaine Douris (August 2008)

Music: Because of You by Ne-Yo

Teaching track: You Sang To Me - Marc Anthony (81bpm)

Alternative music:

Car Wash - Shark's Tale Soundtrack (120bpm)

Sugar Sugar (In My Life) - John Fogarty (118bpm)

Viene Mi Gente - Chica (123bpm)

Been around the world - Lisa Stansfield (102 bpm)

Rocking Peumonia - Ronnie McDowell (120bpm) This has more of a swing feel

Intro: 8 beat intro then start

Section 1: syncopated vine right, side rock, cross step

1, 2, 3 step right foot to right side, step left foot behind right, step right foot to right side

4 & 5 step left foot across right, step right foot to right side, step left foot behind right

6, 7 rock right foot to right side, replace weight rocking onto left foot

8 cross right over left in front (weight should now be on right foot)

Section 2: ¼ turn right, back rock, right lock step fwd, fwd rock, left lock step back

1 pivoting on right foot make ¼ turn right stepping back onto left foot

2, 3 step right foot back, rock weight fwd onto left foot

4 & 5 step fwd right foot, lock left foot behind right, step fwd right foot

6, 7 step left foot fwd, rock weight back onto right foot

& small quick kick with left foot (pointing toes down towards floor)

8 & 1 step back left foot, lock right foot in front of left foot, step back left foot

Section 3: right kick, right lock steps back, left kick, left coaster step, 2 walks fwd, right lock step fwd

& small quick kick with right foot (pointing toes down towards floor)

2 & 3 step back right foot, lock left foot in front of right foot, step back right foot

& small quick kick with left foot (pointing toes down towards floor)

4 & 5 step back left foot, step back right foot, step fwd left foot

6, 7 step fwd right foot, step fwd left foot (with attitude)

8 & 1 step fwd right foot, lock left foot behind right foot, step fwd right foot

Section 4: left rock step, ¼ pivot turn right, cross shuffle left over right, ¼ turn left, turning sailor step making ¾ turn left

2, 3 step fwd left foot turning ¼ turn right, step right foot to right side

4 & 5 cross left foot over right, step right foot to right side, cross left foot over right

6, 7 step right foot to right side, making ¼ turn left step back with left foot

8 & making ¼ turn left step right foot back behind left foot, then with weight on the right foot make ½ turn left stepping fwd onto left foot (feet should be crossed with left foot in front of right foot at this point, with weight now on left foot)

1 start of dance right foot to right side finishes sailor turn but is also 1st step of dance

(for class members that don't like to turn, count 6, 7, 8 & 1 - step right foot side, close left foot to right foot, then chasse right, the last step of chasse is first step of vine!)