

You Know I'm No Good

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Count: 48 **Wall:** 4 **Level:** Improver

Choreographer: Marjorie Barnabas-Shaw (Malaysia) July 2008

Music: You Know I'm No Good (104 bpm) by Amy Winehouse - Album-Back To Black

Intro Count : 24 counts. Start on vocals

A. CROSS, ROCK BACK, RECOVER x2, FORWARD STEP, TOGETHER, SIDE ROCK RIGHT AND TOGETHER.

- 1&2** Cross right over left. Rock left diagonally back to left side. Recover onto right.
- 3&4** Cross left over right. Rock right diagonally back to right side. Recover onto left.
- 5-6** Step forward right. Step left next to right.
- 7&8** Rock right to right side. Recover onto left. Step slightly back right.

B. CROSS, ROCK BACK, RECOVERx2, FORWARD STEP, TOGETHER, SIDE ROCK LEFT AND TOGETHER.

- 1&2** Cross left over right. Rock right diagonally back to right side. Recover onto left.
- 3&4** Cross right over left. Rock left diagonally back to left side. Recover onto right.
- 5-6** Step forward left. Step right next to left.
- 7&8** Rock left to left side. Recover onto right. Step slightly back left.

C. BACK RIGHT, LOCK, BACK RIGHT, TOUCH, BACK LEFT, LOCK, BACK LEFT, TOUCH.

- 1-2** Step back right. Lock left across right.
- 3-4** Step back right. Touch left beside right.
- 5-6** Step back left. Lock right across left.
- 7-8** Step back left. Touch right beside left.

D. MONTEREY 1/2 TURN, POINT, TOUCH, SIDE ROCKS.

- 1-2** Point right to right side. Turn 1/2 right stepping on right foot
- 3-4** Point left to left side. Touch left beside right.
- 5&6** Rock left to left side. Recover onto right. Step left beside right.
- 7&8** Rock right to right side. Recover onto left. Step right beside left.

E. WALK BACK LEFT, WALK BACK RIGHT, SHUFFLE BACK, 1/4 TURN LEFT COASTER, KICK-BALL CHANGE.

- 1-2** Walk back left. Walk back right.
- 3&4** Step back left. Close right beside left. Step back left.
- 5&6** Turn 1/4 left stepping back on right. Step left beside right. Step forward right.
- 7&8** Kick left forward. Step left next to right. Step right in place.

F. FORWARD LEFT, TOUCH RIGHT, POINT, TOGETHER, POINT, BACK CROSS, BACK SHUFFLE.

- 1-2** Step forward left. Touch right toe beside left.
- 3&4** Point right to right side. Step right next to left. Point left to left side.
- 5-6** Step back left. Cross right over left.
- 7&8** Step back left. Close right beside left. Step back left. Cross right over left.

~ * ~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~ * ~