

SAILING

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate nightclub

Choreographer: Jo & John Kinser

Music: Sailing by Rod Stewart

SIDE ROCK STEP FORWARD, STEP TURN STEP, STEP LOCK STEP, ROCK STEP BACK

1-2& Step left side left, rock right behind left, recover weight left (basic night club step)

3-4&5 Step right forward, step left forward, make $\frac{1}{2}$ turn right (weight right), step left forward

6&7 Step right forward, lock left behind right, step right forward

Intermediate: full turn left - make $\frac{1}{2}$ turn left step back right, make $\frac{1}{2}$ turn left step forward left, step forward right

8&1 Rock forward left, replace weight right, step left back

SWEEP SWEEP SWEEP & CROSS, ROCK STEP CROSS, TURN TURN CROSS

2-3 Sweep right around and step back, sweep left around and step back

4&5 Sweep right around and step behind left, step left side left, step right over left

6&7 Rock left side left, replace weight right, step left over right

8&1 Make $\frac{1}{4}$ turn left stepping right back, make $\frac{1}{4}$ turn left stepping left side left, step right over left

TURN TURN FORWARD, ROCK TURN STEP, ROCK TURN STEP, 1- $\frac{1}{4}$ TURN

2&3 Make $\frac{1}{4}$ turn right stepping left back, make $\frac{1}{4}$ turn right stepping right side right, step left forward

4&5 Rock right forward, replace weight left, make $\frac{1}{2}$ turn right stepping right forward

6&7 Rock left forward, replace weight right, make $\frac{1}{2}$ turn left stepping left forward

8&1 Make $\frac{1}{2}$ turn left stepping right back, make $\frac{1}{2}$ turn left stepping left forward, make $\frac{1}{4}$ turn left stepping right side right

Beginner: walk forward right, left, $\frac{1}{4}$ turn left step right side right

ROCK STEP SIDE, ROCK STEP SIDE, SWAY, SWAY, ROCK STEP

2&3 Rock left behind right, replace weight right, step left side left (basic night club step)

4&5 Rock right behind left, replace weight left, step right side right (basic night club step)

6-7 Transfer weight left (sway), transfer weight right (sway)

8& Rock left behind right, replace weight right

REPEAT

TAG

After 4th wall there are 2 counts before the 5th wall

1-2 Step left side left (sway), transfer weight right (sway)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=37014