

Rockin' My Soul

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Count: 48 **Wall:** 4 **Level:** Beginner

Choreographer: Ross Brown (UK) July 2015

Music: Keep On Rockin' Me by Pete Stothard. Single [3:33 - 149 bpm]

Intro : 48 Counts (Approx. 19 Seconds)

S1: KICK, BALL, STEP. TOE STRUT. ROCKING CHAIR.

- 1 & 2** Kick right foot forward, step right next to left, step forward with left.
- 3 - 4** Touch right toe forward, place right heel.
- 5 - 6 - 7 - 8** Rock forward with left, recover onto right, rock back with left, recover onto right. (12 O'CLOCK)

S2: KICK, BALL, STEP. TOE STRUT. ROCKING CHAIR.

- 1 & 2** Kick left foot forward, step left next to right, step forward with right.
- 3 - 4** Touch left toe forward, place left heel.
- 5 - 6 - 7 - 8** Rock forward with right, recover onto left, rock back with right, recover onto left. (12 O'CLOCK)

S3: WEAVE RIGHT. SIDE ROCK. CROSS, HOLD.

- 1 - 2** Step right to the right, cross step left behind right.
- 3 - 4** Step right to the right, cross step left over right.
- 5 - 6** Rock right to the right, recover onto left.
- 7 - 8** Cross step right over left, hold for Count 8. (12 O'CLOCK)

S4: WEAVE LEFT. SIDE ROCK ¼ TURN R. STEP FORWARD, HOLD.

- 1 - 2** Step left to the left, cross step right behind left.
- 3 - 4** Step left to the left, cross step right over left.
- 5 - 6** Rock left to the left, make a ¼ turn right recovering onto right.
- 7 - 8** Step forward with left, hold for Count 8. (3 O'CLOCK)

S5: DIAGONAL STEP, LOCK. STEP, SCUFF. X2.

- 1 - 2** Step right foot forward to right diagonal, lock left foot behind right.
- 3 - 4** Step right foot forward to right diagonal, scuff left foot past right.

5 - 6 Step left foot forward to left diagonal, lock right foot behind left.

7 - 8 Step left foot forward to left diagonal, scuff right foot past left. (3 O'CLOCK)

S6: (ON DIAGONALS) STEP FORWARD, TOUCH. BACK, TOUCH. X3.

1 - 2 Step right foot forward to right diagonal, touch left next to right. (Clap hands)

3 - 4 Step left foot back to left diagonal, touch right next to left. (Clap hands)

5 - 6 Step right foot back to right diagonal, touch left next to right. (Clap hands)

7 - 8 Step left foot back to left diagonal, touch right next to left. (Clap hands) (3 O'CLOCK)

END OF DANCE!

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