

ROCKIN' GOOD WAY

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Count: 48

Wall: 4

Level: beginner/intermediate

Choreographer: Anne Harris

Music: A Rockin' Good Way by Brook Benton

RIGHT SYNCOPATED VINE; LEFT SAILOR; RIGHT SAILOR

- 1-2 Right step to right side, left cross behind right
- &3 Right step to right side, left cross over right
- 4 Right step to right side
- 5&6 Left step behind right, right step to right side, left step slightly forward
- 7&8 Right step behind left, left step to left side, right step slightly forward

LEFT SYNCOPATED VINE; RIGHT SAILOR; LEFT SAILOR

- 1-2 Left step to left side, right cross behind left
- &3 Left step to left side, right cross over left
- 4 Left step to left side
- 5&6 Right step behind right, left step to right side, right step slightly forward
- 7&8 Left step behind left, right step to left side, left step slightly forward

RIGHT KICK BALL STEP TWICE: STEP ¼ PIVOT TWICE

- 1&2 Kick right foot forward, small step back on right, step forward on to left
- 3&4 Kick right foot forward, small step back on right, step forward on to left
- 5-6 Right step forward, roll hips to the left while making ¼ turn left
- 7-8 Right step forward, roll hips to the left while making ¼ turn left

RIGHT ROCK; RECOVER; RIGHT ½ TURN SHUFFLE; STEP; ¼ PIVOT; HEEL SWITCHES

- 1-2 Rock forward on to right, recover weight back on to left
- 3&4 Turning over right shoulder make ½ turn and shuffle forward right, left, right
- 5-6 Left step forward, turning right make ¼ turn (weight on right)
- 7&8 Touch left heel forward, close left beside right, touch right heel forward

RIGHT SHIMMY TWICE

- 1 Right step to right side

2-3-4 Slowly bring left to touch beside right while gently shimmying shoulders

5-8 Repeat

LEFT VINE; ½ PIVOT TWICE (OR ROCKING CHAIR)

1-2 Left step to left side, right cross behind left

3-4 Left step to left side, right touch beside left

5-6 Right step forward, turning left make ½ turn (weight on left)

7-8 Right step forward, turning left make ½ turn (weight on left)

Easier alt: right rock forward, recover weight back on to left, right rock back, recover weight forward on to left

REPEAT

RESTART

Restart after count 32 on walls 3, 5, and 7

ENDING

Start from the beginning and as you do the right sailor make ¼ turn right to end up facing front.