

SLOW DOWN

LINEDANCE.COM

Count: 48

Wall: 4

Level: intermediate

Choreographer: Phyll Marshall

Music: Slow Down by The Dean Brothers

RIGHT VINE IN PLACE

1-2-3 Step right to side, step left behind right, step right to side

3-4-6 Step left to side, step right behind left, step left to side

7-8 Step right and left in place

RIGHT KICK-BALL-CHANGE TWICE, JAZZ SQUARE TURNING $\frac{1}{4}$ RIGHT

1&2 Kick right foot forward, step on ball of right foot, step left beside right

3&4 Kick right foot forward, step on ball of right foot, step left beside right

5-6-7-8 Step right across left, step back on left, step right to side at $\frac{1}{4}$ turn right, step forward on left

SLOW PIVOT $\frac{1}{2}$ TURN LEFT, DWIGHT RIGHT

1-2 Step forward on left, hold

3-4 Pivot $\frac{1}{2}$ turn left and shift weight to left foot, hold

5 Touch right toe to left instep while turning left heel to the right

6 Touch right heel to left instep while turning left heel to left

7 Touch right toe to left instep while turning left heel to the right

8 Touch right heel to left instep while turning left heel to left (end with weight on right foot)

WHALE TAIL BACK

1-2 Step left behind right, step right to side

3-4 Step left forward on diagonal, lock right behind left foot

5-6 Step left to side, step right beside left

7-8 Step left behind right, step right beside left

ROCK, RECOVER, COASTER, TOE/HEEL STRUTS ON DIAGONAL

1-2 Rock left foot forward, recover to right foot

3&4 Step back on left, step right beside left, step forward on left

- 5-6** Moving on a slight diagonal to the right, touch right toe to floor, lower heel to floor (optional snap fingers)
- 7-8** Touch left toe across in front of right foot, lower heel to floor (optional snap fingers)

LINDY RIGHT AND LEFT

- 1&2** Step right to side, step left beside right, step right to side
- 3-4** Rock back on left foot, recover to right foot
- 5&6** Step left to side, step right beside left, step left to side
- 7-8** Rock back on right foot, recover to left foot

REPEAT