

RESTLESS

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Joey Prieur

Music: Restless by Shelby Lynne

SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT, ROCK RECOVER

- 1&2** Shuffle to right, (right, left, right)
3-4 Rock on left behind right, recover on right
5&6 Shuffle to left, (left, right, left)
7-8 Rock on right behind left, recover on left (12:00)

SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACK, TURN ½ ON RIGHT, RECOVER ON LEFT

- 1&2** Shuffle forward, (right, left, right)
3-4 Rock forward on left, recover on right
5&6 Shuffle back, (left, right, left)
7-8 Turn ½ turn right on right, recover on left stepping back (6:00)

FOUR TOE STRUTS GOING BACKWARDS, FINGER SNAPS WITH HEELS

- 1-2** Touch right toe back, step right heel down
3-4 Touch left toe back, step left heel down
5-6 Touch right toe back, step right heel down
7-8 Touch left toe back, step left heel down (6:00)

TOE POINTS, CROSS, UNWIND ¾ WITH HEEL BOUNCES

- 1-2** Point right toe to right side, cross forward on left
3-4 Point left toe to left side, cross forward on right
5-6 Point right toe to right side, cross right toe over left foot
7&8 Unwind ¾ turn left with 3 heel bounces, ending with weight on left foot (9:00)

Optional hand movements: with 3 heel bounces, bounce hands out front with elbows at waist, as if dribbling two basketballs

REPEAT

